



St. Francis Hospice

2023

**St Francis Hospice Dublin**

Annual Report and Audited Financial Statements





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St. Francis Hospice

[Name tag partially obscured]

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## OUR VISION

As a voluntary organisation our vision is to continue to harness widespread community support and be at the forefront in identifying specialist palliative care needs in the community and develop responses to them. The principle of “voluntarism” is at the centre of the Hospice’s mission and success.

## OUR VALUES



## OUR MISSION

St Francis Hospice provides a specialist palliative care service to people in North Dublin. This includes support for their families and friends and all healthcare professionals involved in their care. The service is based on a Christian philosophy of human dignity, which treats each person with respect and compassion, irrespective of their cultural or religious background or socio-economic status. The Hospice plays a leadership role in shaping palliative care nationally, working in partnership to advance policy, education, research and service innovation.

## DEFINITION OF PALLIATIVE CARE

Specialist Palliative Care is an approach that improves the quality of life of patients and their families facing the problem associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual.

Palliative care:

- provides relief from pain and other distressing symptoms;
- affirms life and regards dying as a normal process;
- intends neither to hasten or postpone death;
- integrates the psychological and spiritual aspects of patient care;
- offers a support system to help patients live as actively as possible until death;
- offers a support system to help the family cope during the patients illness and in their own bereavement;
- uses a team approach to address the needs of patients and their families, including bereavement counselling, if indicated;
- will enhance quality of life, and may also positively influence the course of illness;
- is applicable early in the course of illness, in conjunction with other therapies that are intended to prolong life, such as chemotherapy or radiation therapy, and includes those investigations needed to better understand and manage distressing clinical complications.



(World Health Organisation, 2018)



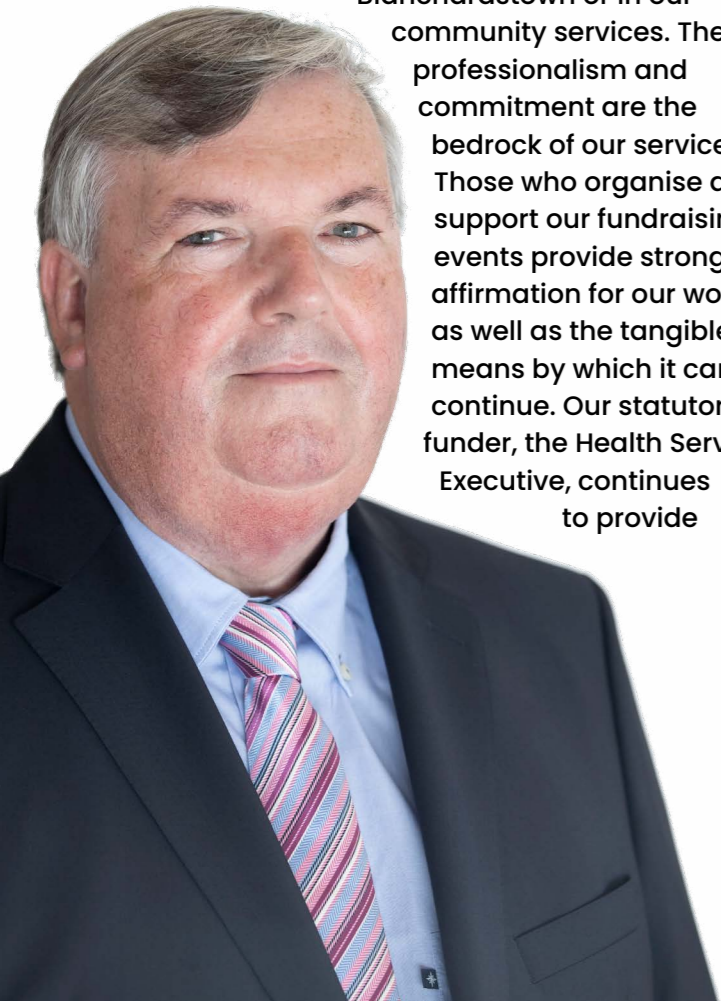
## CHAIRPERSON'S REPORT

### I am delighted to present the 2023 Annual Report and Audited Financial Statements for St. Francis Hospice.

St. Francis Hospice can deliver of its mission only with the support and confidence of its many stakeholders: staff, volunteers, statutory partners, donors and above all the communities that we serve. In giving this account of what was another busy year of service to our patients and their families, we trust that it demonstrates that their confidence and support is well founded.

We are an organisation founded on values which shape our approach to our work and give life to our mission. In the spirit of our patron, St. Francis, we celebrate life and support those approaching the end of life to do so with dignity.

I would like to express my admiration for and gratitude to all of the team at St. Francis Hospice, whether in Raheny or Blanchardstown or in our community services. Their professionalism and commitment are the bedrock of our service. Those who organise and support our fundraising events provide strong affirmation for our work, as well as the tangible means by which it can continue. Our statutory funder, the Health Service Executive, continues to provide



encouragement as well as vital financial resources.

I would like to pay tribute to our former director, Ms. Mary Hayes, who resigned as a Director with the Board of St. Francis Hospice Dublin on 30th January 2023. I acknowledge Mary's contribution to the deliberations of the Board and the development of the hospice since her appointment as a Director in March 1992. On behalf of all at St. Francis Hospice, I would like to express our appreciation for all she has done and extend our good wishes to Mary for the future. I would also like to pay tribute to our fellow director, Fr. Peter Rodgers, OFM Cap., and express our sadness at the death of Fr. Peter on 22nd December 2023. We owe Fr. Peter a huge debt of gratitude for his contribution to the hospice since he joined the board in March 2020. May he rest in peace.

Like all the St. Francis Hospice community, I was greatly saddened by the loss of two very special members of our hospice family. Sr. Anna Kennedy, DC, who led our chaplaincy team for many years before her retirement in 2020, died in April in St. Francis Hospice Blanchardstown. Sr. Anna made an immense contribution to St. Francis Hospice, not only through her service as a chaplain, but in her embodiment of the founding spirit and values of the organisation as reflected in her enthusiastic leadership of the events to mark the 30th anniversary of the foundation of the hospice. Br. Eustace McSweeney OFM Cap, also a long serving member of our chaplaincy team until late 2022 when he took 'early retirement' at the age of 90, died in September. Their care for patients and their families and the deep spirituality from which that spirit of care arose were evident to all who encountered them.

When Sr. Anna and Br. Eustace became patients of St. Francis Hospice, the team was honoured to be able to return some of the care which they themselves had given. The loss and sadness felt by so many of the hospice team is mixed with gratitude for the gifts of their presence, kindness and support

to their colleagues and our patients and families. Sr. Anna and Br. Eustace are greatly missed by us all. May they rest in peace.

As this report demonstrates, St Francis Hospice has ambitious plans to build on its record of service to date. I hope that those who read this report will recognise the value

of the services which we provide and so will continue to provide the support that will enable us to continue to develop.

  
**Dermot McCarthy,**  
Chairperson, Board of Directors





## CHIEF EXECUTIVE'S STATEMENT

Since its foundation in 1989, St Francis Hospice Dublin has played an integral leadership role in the provision of palliative care services. As a voluntary organisation our independence has enabled us to harness widespread community support and we have been at the forefront in identifying needs in the community and developing responses to them. The principle of "voluntarism" is at the centre of the hospice's mission and success.

I am delighted to report that during 2023 we continued to provide high quality and accessible palliative care services at no charge to patients and families. Our objective of ensuring that the people of North Dublin and surrounding counties have improved access to specialist palliative care was demonstrated by our care for 2,095 patients

and their families, which is an 8% increase on 2022 activity. I would like to acknowledge the adaptability, creativity, professionalism and commitment of each member of the hospice team. St Francis Hospice Dublin remains committed to the spirit of voluntarism and to our ethos and core values which have carried us through nearly 35 years, from a fledgling service operating out of a Porta-cabin to a fully-fledged, comprehensive specialist palliative care service for the people of North Dublin and surrounding counties.

In 2023, the hospice secured government agreement to complete Section 38 re-designation of the four adult voluntary hospices, which includes St Francis Hospice. This means that our adult hospices will now be fully publicly funded for the first time. It means that monies fundraised by St Francis Hospice will no longer be required to fund payroll or other operational costs, with effect from 1st February 2024. Our fundraising, with support from our wonderful community, will now focus on new buildings, extra comforts for patients and families, and innovative patient care projects.

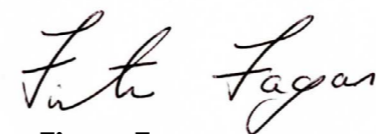
This is a milestone moment in the development of palliative care in Ireland and a great example of successful partnership between government and its departments, the HSE, the voluntary hospices sector and the wider community.

The amazing support we consistently receive from our community is a direct reflection of the high quality, person-centred, holistic care provided by individuals and teams here in St Francis Hospice. I would like to take the opportunity to thank all our Board of Directors, staff, contractors and volunteers for their professionalism, humanity, and commitment to our core values of dignity, respect, compassion, collaboration, excellence and kindness.

I wish to express my appreciation for the continuing strategic and financial support of the Health Service Executive through the Directorate of Primary Care and Community Health Organisation 9 and the HSE National Palliative Care Office.

I look forward to continuing to work constructively together to maintain, develop and improve the vital services provided by St Francis Hospice Dublin.

We at St Francis Hospice Dublin will continue to work closely with and for the community we serve and will very much continue to need the support of our community into the future. We value the support from government and our local political representatives and their advocacy for St Francis Hospice Dublin.



**Fintan Fagan,**  
Chief Executive Officer







## **DIRECTORS' REPORT**

The Directors of St Francis Hospice Dublin present their annual report and the audited financial statements for the year ended 31st December 2023.



## DIRECTORS' REPORT

The Directors of St Francis Hospice Dublin present their annual report and the audited financial statements for the year ended 31st December 2023.

### Our History

In 1988 Dr. Mary Redmond identified a need for a hospice on the north side of Dublin city. She asked the Daughters of Charity for help in setting up a community palliative care (home care) service for this area. Over the years, numerous individuals, groups and organisations have provided the dedication and financial support to enable St Francis Hospice to develop a comprehensive specialist palliative care service for North Dublin city, county and surrounding counties.

### Raheny

The Community Palliative Care team were originally based in a portacabin on the grounds of the Capuchin Friary in Raheny. The team provided advice and support to patients and families in their own homes. The Capuchin Friars donated the site of their monastery garden and St Francis Hospice Raheny was built in phases.

In 1991, office and meeting space for the Community Palliative Care team opened, followed by a purpose built Day Care centre. The Day Care service began providing patients with a place to come for support and advice from the multidisciplinary team and to receive complementary therapies. In 1995, the second phase, St Anne's In-Patient Unit (19 beds), was completed.

Education is an important way of extending the palliative care philosophy and approach to other healthcare settings, such as hospitals and nursing homes. An Education Department was formed in 1997 in order to develop courses and workshops for staff of other healthcare institutions, as well as staff of the Hospice. In 1999, St Francis Hospice Dublin purchased the adjoining Walmer Villa. Further expansion

took place in 2002, when a new phase of building was completed, providing enhanced facilities for the provision of day care, bereavement counselling and an education centre.

### Blanchardstown

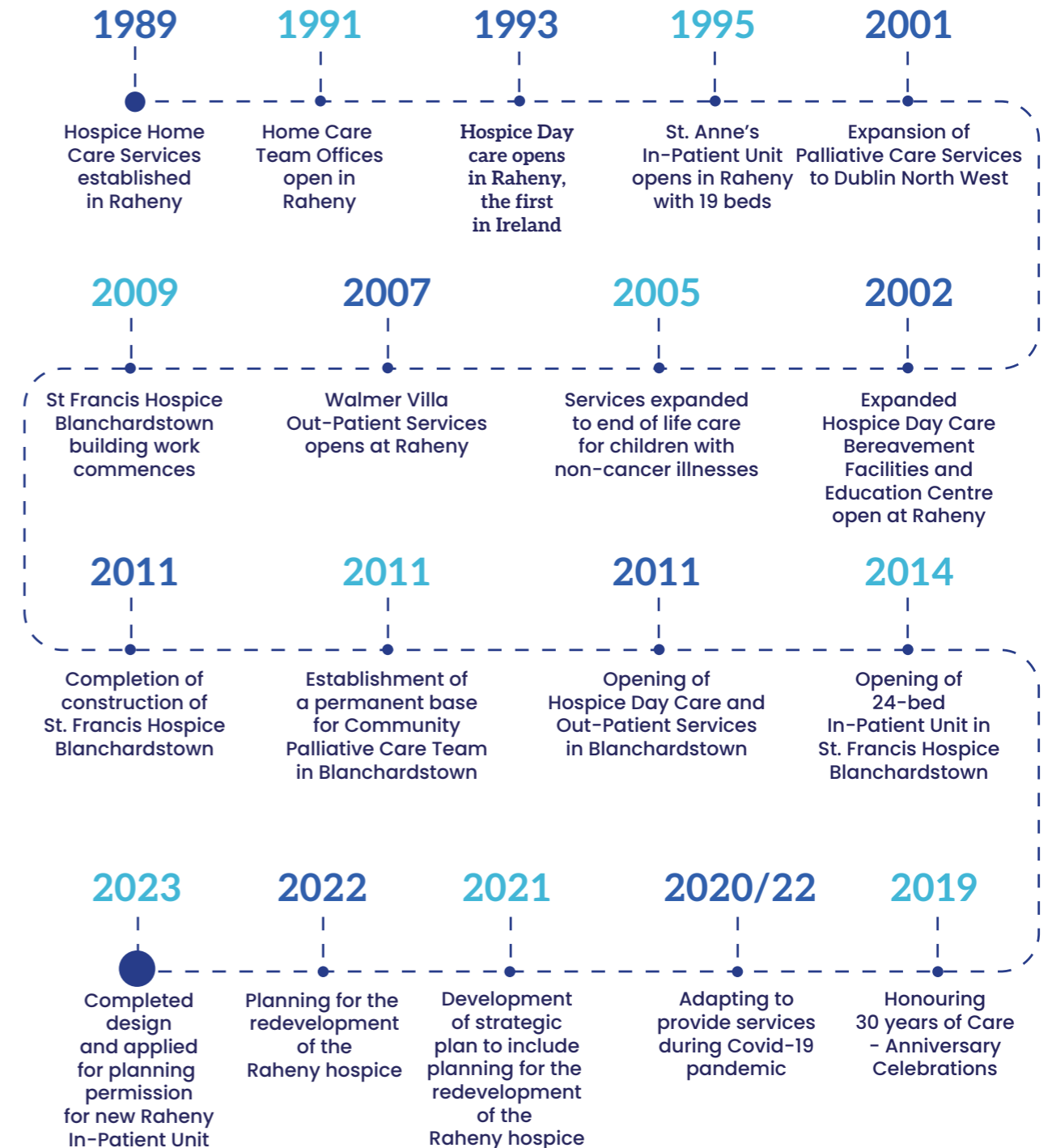
The need for a hospice to be provided for the people of Dublin North West was identified a number of years later. Blanchardstown was recognised as an ideal location from which to serve the needs of Dublin North West. The Government allocated a 6.8 acre site on the Abbotstown lands for the building of the hospice. The construction works were completed in April 2011.

The Community Palliative Care Team looking after the western half of St Francis Hospice's catchment area began using the new Blanchardstown hospice as their base in May 2011. Shortly after, the Hospice Day Care and Outpatients Service began operating in Blanchardstown. In September 2014, the first patients were admitted to the 24-bed in-patient unit.

### St Francis Hospice Dublin Today

Together, St Francis Hospice Raheny and Blanchardstown provide specialist palliative care services to the people of North Dublin city, county and surrounding counties with life limiting illnesses. We are a voluntary organisation under the care of the Daughters of Charity of St Vincent de Paul. All of the services are provided free of charge to patients and their families. Today St Francis Hospice Dublin plays a leadership role in shaping palliative care nationally, working in partnership to advance policy, education, research and service innovation. Today St Francis Hospice Dublin plays a leadership role in shaping palliative care nationally, working in partnership to advance policy, education, research and service innovation.

## OUR HISTORY





## WHAT WE DO

St Francis Hospice Dublin provides four distinct services to patients and their family members/loved ones:

- Specialist advice and support in their own home through our Community Palliative Care Team.
- Specialist Palliative Outpatient and Day Service, providing a range of options, including individual appointments and group sessions, to support patients living at home.
- In-Patient Care, offering admission for management of complex symptoms and psychosocial problems, as well as care at end of life.
- Bereavement support, including pre-bereavement, post-bereavement counselling and bereavement work with children. The bereavement programme includes regular Services of Remembrance and Bereavement Information Evenings.

The hospice philosophy addresses the needs of the patients' families and friends, who are encouraged to share in the care of their loved one. Education and support is provided to family members caring for people at home.

The team at St Francis Hospice includes nurses, doctors, health care assistants, household staff, complementary therapists, lymphoedema nurse specialists, physiotherapists, occupational therapists, social workers, chaplains, pharmacists, volunteers, administrative staff, finance, and education professionals. They are supported by contract catering, security and cleaning staff. Each makes a valuable contribution to the holistic care of patients and their families.

As part of St Francis Hospice's strategy to continue to provide accessible, high level specialist palliative care to patients and

families we have an Education and Practice Development Team which provides education, training and orientation for staff and volunteers. Education is a core component of specialist palliative care. The programmes provided ensure that we develop our staff and volunteers to deliver the best possible care and services. The team also delivers palliative care education to healthcare staff working in hospitals, nursing homes and community settings. The education team delivers the Interdisciplinary MSc in Palliative Care in conjunction with Trinity College Dublin; they also facilitate third level students of many disciplines to complete clinical placements within St Francis Hospice Dublin.

Volunteers are an integral part of the Hospice; they bring a dimension in terms of enthusiasm and commitment which are further enhanced by their considerable life skills and community links.

## DIRECTORS AND OTHER INFORMATION

### Board of Directors

Dermot McCarthy  
Sr. Bernadette MacMahon  
Dr. Carol-Ann Casey  
Prof. Peter Daly  
Patrick Kenny  
Thomas Joseph McMahon  
Padraig O'Dea  
Joseph Pitcher  
Sr. Claire McKiernan  
Sr. Nuala Dolan  
Catherine Doyle  
Patrick Kelleher  
Eileen Dunne  
Natasha McKenna  
Desmond O'Flynn

### Chairperson

Dermot McCarthy

### Chief Executive Officer

Fintan Fagan

### Company Secretary

Patrick Kenny

### Registered Offices

Station Road  
Raheny  
Dublin D05E392

### Independent Auditors

JPA Brenson Lawlor  
Brenson Lawlor House  
Argyle Square  
Morehampton Road  
Dublin 4

### Bankers

Bank of Ireland  
Raheny  
Dublin 5

Allied Irish Bank  
Westend Retail Park  
Blanchardstown  
Dublin 15

### Solicitors

McCann Fitzgerald  
Riverside One  
Sir John Rogerson's Quay  
Dublin 2

Colleen Cleary  
127 Lower Baggot Street  
Dublin 2

Mason Hayes & Curran  
Barrow Street  
Dublin 4

Eversheds Sutherland  
One Earlsfort Centre  
Earlsfort Terrace  
Dublin 2

### Registration Numbers

Charity Tax Number: CHY10568  
Charity Registration Number: 20027193  
Company Registration Number: 153874



## STRUCTURE, GOVERNANCE AND MANAGEMENT

### Structure

St. Francis Hospice Dublin is a company limited by guarantee.

St. Francis Hospice Dublin is a registered charity (with the Charities Regulatory Authority) with charitable tax exempt ("CHY") status from the Revenue Commissioners and is a Section 39 Agency under the Health Act 2004. It holds a current valid Tax Clearance Certificate.

### Governance

#### Board Governance

The Board of St. Francis Hospice Dublin is responsible for overseeing the proper management of the Hospice. In particular, it has a collective responsibility for:

- a) Putting in place a clear scheme of delegation of accountability from the Board to the CEO;
- b) Approval of the strategic goals, annual service plans and the annual Service Level Arrangement with the HSE;
- c) Approval of annual budgets and ensuring the adequacy of internal financial control measures;
- d) Approval of significant procurement contracts and acquisitions, disposals and retirement of assets of SFHD;
- e) Ensuring effective systems are in place for identifying and managing risk;
- f) Approval of annual reports and audited financial statements; and
- g) Approval of Annual Compliance Statement prior to submission to HSE.

The Board has devised and agreed procedures for conducting its business in a productive way. To do this it has established an appropriate sub-committee structure.

The following committees have written terms of reference which are approved by the Board:

- Governance and Risk (which has under its remit matters of Nominations and Remuneration)
- Finance and Audit
- Quality and Safety
- Fundraising Advisory
- Research Ethics

#### Commitment to Standards in Fundraising Practice

St Francis Hospice is fully committed to achieving the highest standards for Fundraising as set down by the Charity Regulator. The Board of Directors of St Francis Hospice Dublin resolved to adopt the Guidelines for Charitable Organisations on Fundraising and confirms that St Francis Hospice Dublin is committed to complying with all Fundraising standards and will endeavour to adhere to the principles of respect, honesty and openness by:

- Respecting the rights, dignity and privacy of supporters, clients and beneficiaries.
- Answering reasonable questions about fundraising activity and fundraising costs honestly.
- Making information about our purpose, activities and governance available to the public.

#### Management

St. Francis Hospice Dublin's Leadership Team includes the Chief Executive Officer, Medical Director, Head of Finance and Director of Nursing. The Leadership Team is supported by an Executive Team comprising of the Head of Human Resources, Fundraising Manager, General Services Manager, Quality, Risk & Patient Safety Manager, Communications & Marketing Manager, Business Manager and ICT Manager.

### Principal risks and uncertainties

- Adequate funding by the HSE is crucial towards maintaining the current range of services and also towards providing for the totality of services at both Hospice locations.
- St. Francis Hospice Dublin, as a priority, strives to maintain and develop its income sources to meet the specialist palliative care service needs of North Dublin city, county and surrounding counties. It closely monitors reserve levels to ensure that they are sufficient to meet planned outgoings in the short term.
- St. Francis Hospice Dublin repaid all bank loans in 2023. The Hospice relies entirely on fundraising activities, donations and bequests to meet the annual gap between HSE funding and the funding required to meet the full service costs. St. Francis Hospice Dublin

is making special efforts in its current fundraising programmes to raise funds for those shortfalls. St. Francis Hospice Dublin is currently not fully funded for the public sector pay restoration and pay progression by the HSE.

- The Hospice's activities expose it to a number of financial risks including credit risk, cash flow risk and liquidity risk. These are disclosed in Note 24 to the financial statements.

The directors are aware of the key risks to which the charity is exposed, in particular those related to the operations and finances of the charity and are satisfied that there are appropriate systems in place to mitigate these risks appropriately.



## ATTENDANCE – 2023 BOARD AND COMMITTEE MEETINGS

Attendance – 2023 Board and Committee Meetings						
Name	Board Meetings	Governance and Risk Committee Meetings	Finance Audit Committee Meetings	Quality and Safety Committee Meetings	Fundraising Advisory Committee Meetings	Research Ethics Committee Meetings
St Francis Hospice Dublin Board of Directors						
Mr. Dermot McCarthy <i>Chairperson</i>	7/7					
Mr. Patrick Kenny <i>Company Secretary</i>	5/7	3/4	3/4			
Sr. Bernadette MacMahon	6/7	4/4				
Mr. Thomas J. McMahon	6/7	4/4				
Sr. Nuala Dolan	3/7					
Prof. Peter Daly	7/7	4/4		4/4	4/4	
Mr. Joseph Pitcher	5/7	2/4			4/4	
Sr. Claire McKiernan	4/7					
Dr. Carol-Ann Casey	3/7					
Mr. Pdraig O’Dea	7/7	3/4	3/4			
Ms. Eileen Dunne	4/7				2/4	
Ms. Catherine Doyle	6/7			4/4		4/4
Mr. Patrick Kelleher	5/7		4/4			
Fr. Peter Rodgers	0/7					
Ms. Natasha McKenna	3/3					
Mr. Des O’Flynn	3/3					
Mr. Fintan Fagan <i>Chief Executive Officer</i>	7/7	4/4	4/4	4/4	4/4	
Ms. Aishling Kearney <i>Director of Nursing</i>	7/7	4/4		4/4		3/4
Dr. Regina McQuillan <i>Medical Director</i>	5/7	4/4		3/4		
Ms. Breda Hawkshaw <i>Head of Finance</i>	6/7	3/4	3/4		3/4	
Ms. Angela Coughlan <i>Business Manager</i>	6/7	4/4	4/4	1/4		

## REFERENCE AND ADMINISTRATIVE DETAILS

### Directors and Secretary

The directors and secretary, who served at any time during the financial year except as noted, were as follows:

### Directors

Dermot McCarthy  
Sr. Bernadette MacMahon  
Dr. Carol-Ann Casey  
Prof. Peter Daly  
Patrick Kenny  
Thomas Joseph McMahon  
Pdraig O’Dea  
Joseph Pitcher  
Sr. Claire McKiernan  
Sr. Nuala Dolan  
Catherine Doyle  
Patrick Kelleher  
Eileen Dunne  
Natasha McKenna (*Appointed 27/09/2023*)  
Desmond O’Flynn (*Appointed 27/09/2023*)  
Fr. Peter Rodgers, R.I.P. (*Died 22/12/2023*)

### Chairman

Dermot McCarthy

### Secretary

Patrick Kenny

### Directors and secretary and their interests

The directors do not hold any beneficial interest in the charity.

### Exemption from disclosure

The charity has not availed of any disclosure exemptions.

### Funds held as custodian trustee on behalf of others

The charity does not hold any funds or other assets by way of custodian arrangement.

### Likely future developments

The charity plans to continue its charitable activities for the foreseeable future, subject to satisfactory funding arrangements. St Francis Hospice Dublin is currently reviewing the refurbishment and redevelopment of its Raheny Hospice with a view to improving In-Patient facilities.

### Events after the end of the financial year

There were no post reporting date events which require disclosure.

### Going concern

The directors have a reasonable expectation that St. Francis Hospice Dublin has adequate resources to continue in operational existence for the foreseeable future, thus they continue to adopt the going concern basis in preparing the annual financial statements. Further details regarding the adoption of the going concern basis can be found in note 1 to the financial statements.

### Research and development

St. Francis Hospice Dublin carries out on-going research to achieve optimum care for patients.

### Political contributions

The charity did not make any political donations during the year.

### Results for the financial year

The net movement of funds during the financial year was a surplus of €680,735 (2022: Surplus €1,515,940).

### Dividends and reserves

The reserves are not distributable and are applied in accordance with the Articles of Association to finance the work of the Hospice.



## REFERENCE AND ADMINISTRATIVE DETAILS

### Subsidiary company

Details relating to the subsidiary company are set out in Note 16 to the financial statements.

### Accounting records

The company's directors acknowledge their responsibilities under sections 281 to 285 of the Companies Act 2014 to ensure that the company keeps adequate accounting records. The following measures have been taken:

- the implementation of appropriate policies and procedures for recording transactions.
- the employment of competent accounting personnel with appropriate expertise.
- the provision of sufficient company resources for this purpose.
- liaison with the company's external professional advisers.

The accounting records are maintained at the Hospice's registered office at Station Road, Raheny, Dublin 5, D05 E392.

### Directors' compliance policy statement

We, the directors of the company who held office at the date of approval of these financial statements, are responsible for securing the company's compliance with its relevant obligations.

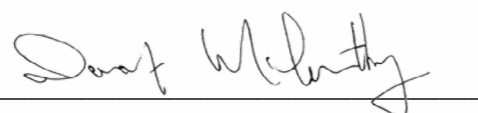
We confirm that the following matters have been done to fulfil the responsibilities set out in section 225(2) of the Companies Act 2014:

- drawing up of a 'compliance policy statement' setting out the company's policies that in our opinion are appropriate to the company, respecting compliance by the company with its relevant obligations;
- putting in place appropriate arrangements or structures that in our opinion are designed to secure material compliance with the company's relevant obligations; and
- conducting a review during the financial year of any arrangements or structures that have been put in place.

### Auditors

In accordance with the Companies Act 2014, section 383(2), JPA Brenson Lawlor continue in office as auditor of the company.

Approved by the Board and signed on its behalf by:



**Dermot McCarthy**  
Director

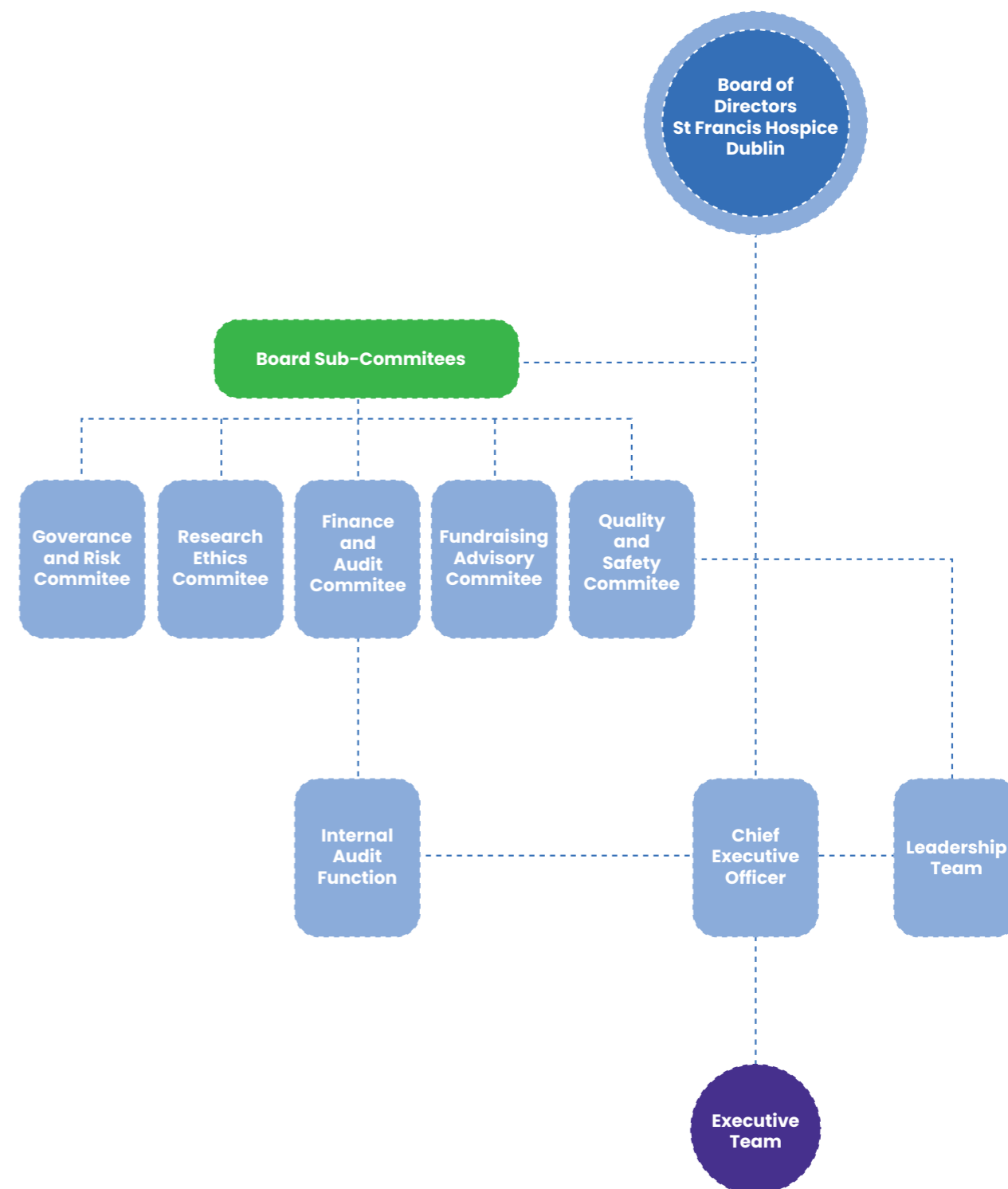
**Date:** 29th May 2024



**Patrick Kenny**  
Director

**Date:** 29th May 2024

## ORGANISATION CHART









## MEDICAL AND NURSING REPORT

### Caring for patients and families

In 2023, St Francis Hospice cared for over 2000 patients. We know that a life-limiting illness affects not just the patient, but also those important to them. Each patient has family and friends, partners, spouses, children, brothers and sisters, parents and friends, supporters, work colleagues, neighbours. We have an excellent team of nurses, doctors, health and social care professionals, carers, pharmacists, chaplains and complementary therapists, supported by volunteers, administration staff and support service staff.

### Clinical Service Development

In 2023, we continued our development of the Outpatient and Day Service, providing assessments and treatment, with a strong focus on enablement and rehabilitation. We hope to continue to develop this service with the appointment of additional clinical nurse specialists and palliative medical consultants in 2024. We will also need to increase the number of health and social care professionals, to be able to provide the best support to patients.

Within the Community Palliative Care service, we have reviewed how we provide care and are developing pathways to provide the most appropriate care for patients. This includes referring patients to the Outpatient and Day Service if their needs are better met by a rehabilitative approach, or if they have complex symptoms requiring specialist medical review.

We are working with colleagues in children's palliative care to improve the care provided to children dying at home, in line with HSE guidance. This has included developing assessment and other documentation suitable for assessment of children. In 2023 we cared for 12 children living with life-limiting illness.

In relation to in-patient care, we are planning for the development of a new in-patient unit at Raheny. We anticipate a planning permission decision early in 2024.

### Excellent Care

We are committed to developing and maintaining high quality services. This is encouraged by the work of the Quality and Safety Committee. The work of this committee supports patient services and staff safety. The committee reviews reports about, among other things, infection prevention and control, child and adult safeguarding and staff mandatory training.

The committee reviews incidents such as falls, pressure injuries and medication incidents. We review our practice in line with local and national policies. We work with the All Ireland Institute for Hospice and Palliative Care and other specialist palliative care services to develop good practice in the management of incidents.

The Clinical Audit Committee promotes and supports audits. In 2023, there were eleven audits carried out. These addressed issues such as prescribing, patient identification and care of medical devices.

### Staff support

The Education Department provides education and training to staff within the hospice and in other healthcare settings. We want to enable staff to provide excellent care by being well informed and up to date with clinical practice. Staff are also encouraged and supported to attend study days and to undertake higher qualifications.

We also provide support to staff through clinical supervision, staff debriefing and an employee assistance programme.





## MEDICAL AND NURSING REPORT

### Service evaluation and research

To improve patient and family care, we look to different ways to evaluate our services, including inviting comments from people who use the service. For a number of years we have taken part in FAMCARE, a bereaved person's survey, which allows us to benchmark our inpatient and community services against other services in Ireland and Great Britain. We are continuing to do this as it provides information of families experience of care at home and in the hospice.

In 2023, the National Care Experience Programme carried its first End of Life Care Survey. We studied the survey results related to deaths in our two in-patient units. The results were excellent, and in the main the hospice scored over 9 out of 10. Two areas were noted by respondents; one is a lack of privacy in Raheny. We were aware of this and have a plan to develop a new in-patient unit at Raheny, increasing our bed numbers from 19 to 24, all single rooms. The other area that was highlighted by respondents was information and support for children when a family member is receiving palliative care.

In response to the findings, we have developed a quality improvement plan to improve content, accessibility and awareness of our resources to support children. We plan to evaluate the new model of Outpatient and Day Service, and continue our evaluation and review of the rehabilitation programmes.

A number of staff have been involved in research projects, with colleagues at other specialist palliative care services and universities in Ireland and abroad. Results of research are presented to staff locally, at conferences and have been published in peer reviewed journals.

We look forward in 2024 to progress on the plan for Raheny redevelopment, to continue the work of the review of Community Palliative Care and to examine the work of the Outpatient and Day Service. We await the publication of the Department of Health's new palliative care policy.

**Regina Mc Quillan,**  
Medical Director

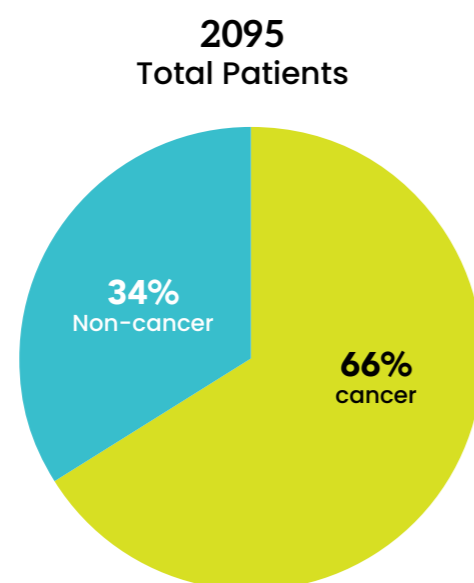
**Aishling Kearney,**  
Director of Nursing





## ANNUAL STATISTICS 2023

### ST FRANCIS HOSPICE DUBLIN ALL SERVICES



### COMMUNITY PALLIATIVE CARE SERVICE

	Blanchardstown	Raheny
Total Patients	731	828
Cancer	463 63%	493 60%
Non Cancer	268 37%	335 40%
New Patients	535	653
Under 18	5	7
Total Nursing Visits	5411	5730
Total Medical Visits	314	368

The Community Palliative Care team has specialist knowledge and experience to support people who are living at home with a life limiting illness, and their families. Our aim is to help patients to live as well as possible for as long as possible at home through our expert knowledge in symptom control and management of psychosocial complexities. We support the patient's GP and PHN in the delivery of palliative care.

### OUTPATIENT & DAY SERVICE

	Blanchardstown	Raheny
Total Patients	135	220
New Patients	123	165
Total Attendances	1329	2179

Our Outpatient and Day Service (OPDS) commenced in May 2022, amalgamating two former services (Hospice Day Care and Outpatients Service) into one dynamic and responsive team. This is the first model of its kind in the country, and other hospices are monitoring our progress with a view to implementing similar services.

The patient is at the centre of the service, and the multidisciplinary team collaborates to devise the best plan for them, taking into account their wishes, needs and preferences.

A range of services are available, and the patient can avail of a combination of services in one attendance. The team meets regularly to discuss the plan for each patient, and a key worker is appointed, who is the most relevant professional to lead the patient's care.

### IN-PATIENT SERVICE

	Blanchardstown	Raheny
Total Patients	359	269
Admissions	359	281
Occupancy	78%	82%
Discharges	32	25
Deaths	337	253
Cancer	289 (86%)	203 (80%)
Non-cancer	48 (14%)	50 (20%)
Referrals	577	453

In-patient care is provided for symptom management, with the patient returning home, and also for end of life care. Our in-patient unit in Blanchardstown has 24 beds, all in single rooms with en-suite facilities. St Anne's in-patient unit in Raheny consists of 19 beds (7 single rooms and three 4-bedded rooms). Both hospices provide facilities for families and visitors, as well as easy access to landscaped gardens.



## ANNUAL STATISTICS 2023

### SUPPORT SERVICES ACTIVITY 2023

	Complementary Therapy	Lymphoedema Service	Occupational Therapy	Physiotherapy Service	Social Work
<b>Total Patients</b>	<b>590</b>	<b>119</b>	<b>690</b>	<b>767</b>	<b>700</b>
CPC Blanchardstown	2	2	18	125	414
CPC Raheny	1	8	5	175	424
IPU Blanchardstown	443	72	1517	1014	1627
IPU Raheny	362	29	798	672	451
OPDS Blanchardstown	1104	124	483	597	93
OPDS Raheny	635	217	724	894	150
Remote/Virtual Attendances Blanchardstown	2	22	40	35	144
Remote/Virtual Attendances Raheny	2	47	60	50	88
<b>Total Attendance</b>	<b>2547</b>	<b>452</b>	<b>3545</b>	<b>3477</b>	<b>3159</b>

#### COMPLEMENTARY THERAPY

Complementary Therapies (massage, aromatherapy, reflexology, Indian head massage, and M-Technique) can aid in relaxation, reduce anxiety, and improve sleep patterns. Used alongside conventional medicine, it can also ease symptoms such as pain, nausea, breathlessness, constipation, and fatigue.

#### LYMPHOEDEMA SERVICE

Lymphoedema is not curable but can be managed, depending on the level of oedema present. In St Francis Hospice, treatment mainly includes the application of compression garments. Depending on the level of lymphoedema or the location of the oedema, some patients receive specialised massage called Manual Lymph Drainage along with compression bandaging. Treatments can help to reduce swelling, relieve pain and improve limb mobility. It can improve quality of life for patients.

#### OCCUPATIONAL THERAPY

Occupational therapists in specialist palliative care focus on symptom management, especially fatigue and anxiety. In the in-patient unit they have support seating and pressure area care. For patients in the community, they support symptom management and work closely with their community colleagues.

#### PHYSIOTHERAPY SERVICE

Physiotherapists working in specialist palliative care provide expertise in relation to rehabilitation, mobility and the management of fatigue and breathlessness. In the in-patient

unit they provide rehabilitation and support patients to return home. They also support the management of oxygen and non-invasive ventilation. For patients in the community they focus on exercise, fatigue management and breathlessness.

#### SOCIAL WORK

Social workers work with patients and with their family members. This can be around the impact of illness, the changes and adjustments required as a result, preparation for dying, memory work or bereavement work. We work with individuals, adults and children and with family groups.

In 2023, the Social Work team provided support to 715 patients and their families during the patient's illness. There were 5,619 contacts supporting patients and their families as they adjust to the news of a life limiting or terminal illness.

#### BEREAVEMENT SUPPORT

The Social Work team supports family members after the patient dies. This includes bereavement events as well as individual bereavement support and counselling, family group sessions and work with children. We send written information on grief and ways of coping to every bereaved family.

The Social Work team supervises the Volunteer Bereavement Support Service (VBSS), a team of trained volunteers who offer one-to-one bereavement support to adults on an on-going basis. It is a confidential listening service.

In 2023, the Social Work team provided 2,016 bereavement counselling sessions to adults, children and family groups. The Volunteer Bereavement Support Service provided 893 support sessions.

#### VOLUNTEERS

Active volunteers at end of 2023



263

New volunteers recruited



56

Number of volunteer roles



30

#### ST FRANCIS HOSPICE VOLUNTEERS

132



SFH Raheny

100



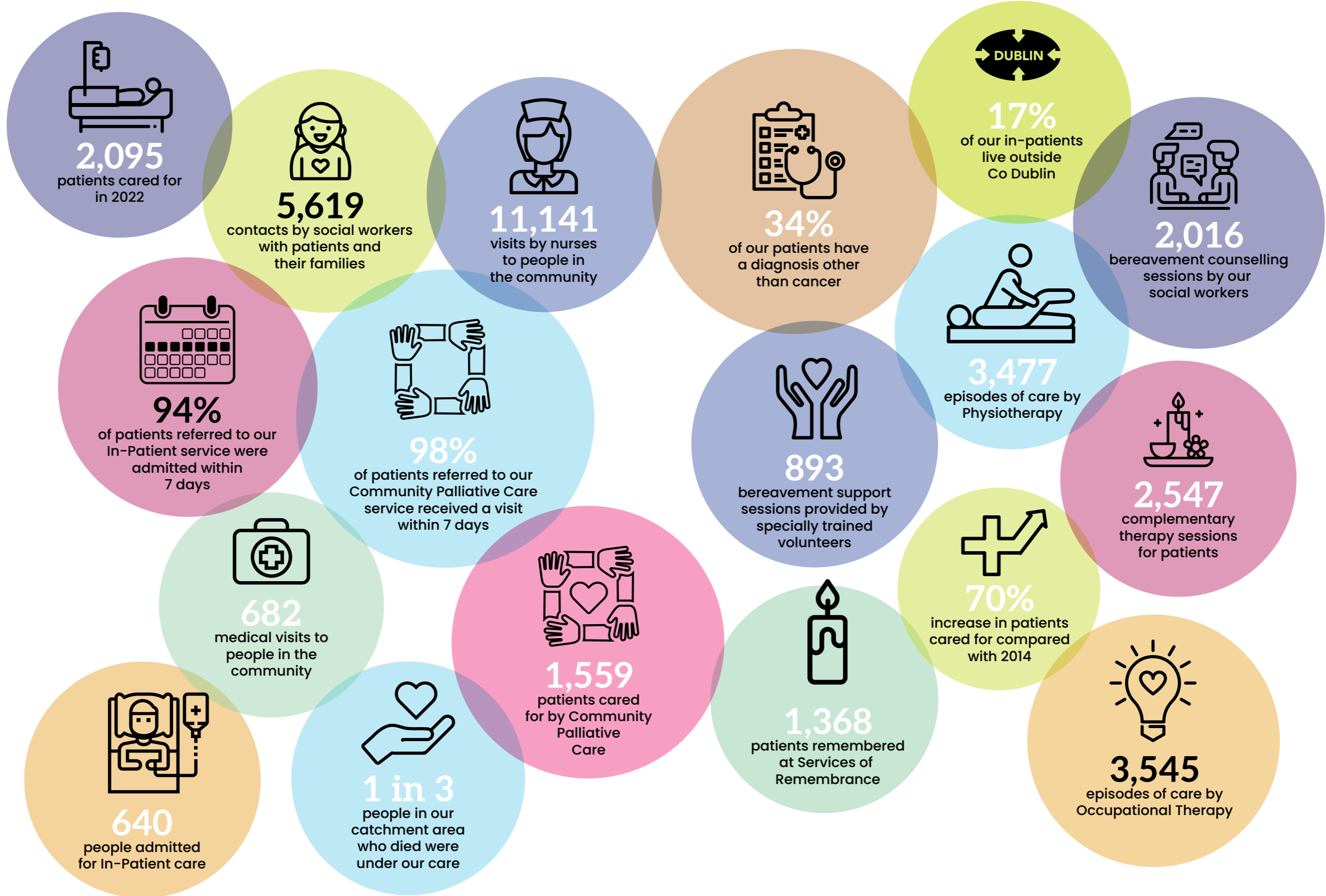
SFH Blanchardstown

31



Community







## ACTIVITIES AND ACHIEVEMENTS 2023

The staff and volunteers of St Francis Hospice Dublin believe that being guided by our core values in all our decisions and actions enables us to provide the highest level of care possible to our patients and their families.

**Our core values are:**



Our core values carry influences from our founders, the Daughters of Charity of St Vincent de Paul, as well as from the hospice/palliative care philosophy, the voluntary sector, and our community of North Dublin and surrounding counties. Each one of our colleagues, through their professionalism, kindness and care, contributes to the values-led culture of St Francis Hospice Dublin.

We present our Activities and Achievements for 2023 through the lens of our core values. Our hope is that this part of the report will give a sense of who we are as an organisation, how we do things, and how we help the people under our care through some very difficult and often complex times in their lives and the lives of their families.





# DIGNITY

*“You matter because you are you,  
and you matter to the end of your life”*

Dame Cicely Saunders, Founder of the modern hospice movement



## A FIVE STAR HOSPICE EXPERIENCE

Anyone who hears Seán Graham tell the story of his father Brendan’s final months immediately understands the deep and enduring love he feels for his Dad, who received end of life care in St Francis Hospice Blanchardstown in 2021. Their close bond, and Seán and his family’s devoted care of Brendan during his arduous cancer treatments, made the decision to access hospice care a difficult one. Seán and his sister Maria were wracked with guilt and wondered whether this was the right course to take in their Dad’s care.

Seán describes the experience of Brendan’s first 48 hours of hospice care and the relief they felt at knowing they had made the right decision. “The care was five star, the dignity, love, respect and compassion shown to Dad was beyond anything we could have imagined.”

Brendan was 87 and had spent several months in and out of hospital while he was being treated for cancer. Seán explains that prior to his Dad’s diagnosis, he was fit and active, spending much time with his children and grandchildren and enjoying life to the full. During his hospice stay, Brendan enjoyed visits from his family and many friends who dropped in to see him. Seán fondly recalls the walks they took in the hospice gardens, and meals in the hospice restaurant with visitors. It’s a reminder of how the simple pleasures can mean so much.

Returning to St Francis Hospice Blanchardstown to shoot the video of his story is Seán’s first time back to the hospice since his father’s death nearly two years previously, and he says it feels good. “We have such wonderful memories of Dad’s time here, even though it was here we said goodbye to Dad, it was a tremendous experience in the saddest of circumstances but the way we experienced the care here was a source of great consolation.”

Seán wanted to make this video to try and help others understand what the experience of in-patient care in St Francis Hospice is like for both patients and families.

We invite you to view the video and hear Seán’s story. <https://youtu.be/RSWeoaX9yII>



Recognising that people derive a **sense of meaning** from the occupations they engage in, and that many of our patients have disengaged from their enjoyed activities due to the physical, cognitive or social challenges of their condition, our Occupational Therapists developed **therapeutic and social groups** for community based patients in 2023. These groups have included elements of cognitive and social strategies to improve patient’s management of their condition, and have been very beneficial for participants. Therapeutic groups have consisted of baking, flower arranging, and craft activities that have been very beneficial in reengaging patients in their enjoyed activities.

Our education team led out on our participation in the global *What Matters to You?* Day in June. We asked patients, their family members, and our staff and volunteers the simple yet profound question, “What matters to you?”

In our patient-centred approach to care, this question is one that we ask every day. Participating in the global day affirms **our commitment to ensuring the dignity of each patient, family member, staff member**

**and volunteer**, through listening to what is important to them.

We were honoured to participate in a video by Volunteer Ireland celebrating International Volunteer Day: <https://vimeo.com/891768049>. Our volunteer Marianne Reynolds beautifully described how teaching was a caring profession for her, and that on her retirement she didn’t want to lose that **connection with people**.

In her volunteering role, Marianne helps to ensure the dignity and comfort of our patients and their family members.



DIGNITY



# RESPECT

*“Respect is an appreciation of the separateness of the other person, of the ways in which he or she is unique”*

Annie Gottlieb



**Equality, diversity and inclusion** are at the core of St Francis Hospice. In 2023, we unveiled a Pride emblem in the reception areas of both our hospices in the hope of providing a warm and respectful welcome to members of our community who are LGBTQI+. We also formally established our Equality, Diversity and Inclusion committee, which organised relevant training for our staff and volunteers.



Our volunteer department collaborated with Prosper Fingal intellectual disability services to create an inclusive volunteer programme for their service users to volunteer in St Francis Hospice.

opportunity to honour and thank colleagues who have reached a 5, 10, 15, 20, 25, or 30-year milestone in their employment with St Francis Hospice.

Our annual **Employee Recognition Awards** and **Volunteer Long Service Awards** are an



The care of the patient’s family and respect for their experience during a challenging time is central to the hospice philosophy. In 2023, our social workers and nurses facilitated a 4-session group and an evening workshop for **family members providing care to a patient at home**.

One carer said of the experience,

*“I’m sending a huge “thank you” to you both for all the help, support and kindness, which I received at your Wednesday afternoons Care Group. It was such a blessing to be there, coming as it did so close to [my relative’s] first appointment at the Hospice, which was a momentous occasion for us both. I had felt as though I was ‘shocked to the core’ by the speed of his illness. By attending the group and hearing other people’s stories, helped me to come to terms with our situation, and continue on the journey with hope and affirmation.”*

**Respect for our environment** and a commitment to improving sustainability is important for the health of our people, patients and the wider community. Our Green Committee embraces greener thinking, encouraging behavioural change and exploring ways to lessen our environmental impact.

This year, we launched a Keep Cup campaign with an aim to reduce the number of disposable cups consumed in our hospice facilities. With the help of staff from Pocket Forests and our gardening volunteers, we also created a Pocket Forest of native trees and shrubs in our Raheny in-patient garden. We took the opportunity, through the Sustainable Energy Authority Ireland greener

healthcare scheme, for our Community Palliative Care teams in both Raheny and Blanchardstown to trial an electric car for a three month period. This allowed our Clinical Nurse Specialists to visit patients knowing they were having a positive impact on the environment by reducing their carbon footprint.





## GREEN TEAM UPDATE

**Did you know? .....**

Two hundred million takeaway coffee cups are disposed of in Ireland every year. Broken down, that works out at over half a million coffee cups every day or **22,000** per hour!



**Changes YOU can make.....**

- At breaks or if sitting in the canteen, use a ceramic mug.
- Bring / buy a reusable, keep mug for takeaway tea/coffee.



**Team Work.....**

Let's work together to reduce the amount of take away cups we use in St Francis Hospice Dublin. Small Changes, BIG impact!





## MARIAN'S CARE IN OUR OUTPATIENT AND DAY SERVICE

It often surprises people to learn that the vast majority of St Francis Hospice's patients remain living at home throughout their illness, with specialist support from our Community Palliative Care Team and our Specialist Palliative Care Outpatient and Day Service (OPDS).

The OPDS is patient-centred, dynamic and responsive, enabling people to receive the care they need when they need it. Patients living at home attend St Francis Hospice Raheny or Blanchardstown and return home the same day.

Each new patient meets members of the multidisciplinary team for an initial assessment, and together they work out a plan, taking into account the patient's wishes, needs and preferences. The OPDS service offers individual appointments and group programmes to help with a wide range of symptoms.

When a patient finishes a course or treatment, they can be referred for another OPDS programme, referred to the Community Palliative Care Team for home visits, or even discharged from the hospice if their specialist palliative care needs have been met for the moment. These patients can contact the hospice again if new symptoms develop or their illness progresses.



Marian Meehan benefited from attending a number of different programmes offered by our OPDS. She commented on how the Physiotherapy-led Exhale programme improved her quality of life:

*"They do different courses. I came down, it was a six week course, it was mostly exercises and breathing. I think if I wouldn't have come down here that time, I think I'd be either very sick, or dead. And all the courses that I've been doing have really made me stronger in myself. I achieved a good few goals that I thought I wasn't able to do."*

View her story here:

<https://www.youtube.com/watch?v=64BDnwYIkTI>





# COMPASSION

“Compassion naturally creates a positive atmosphere, and as a result you feel peaceful and content.”

Dalai Lama



## Care of Children

Care of children, whether as hospice patient or as family members of our patients, is an important part of what we do in St Francis Hospice. **Children are welcome** to visit their relatives in our hospices, and we have special play rooms for them. In 2023, with support from the Irish Soong Ching Ling Foundation, our Raheny family sitting room and adjoining children’s playroom were refurbished.

A significant number of parents with young children died across the service this year. Our team does a lot of work with patients and their families about how to prepare children for the fact that someone important in their life is going to die. This is supported by our leaflet *Supporting Children and Teens in Advance When Someone Close to Them is Dying* that we provide to patients and families. We often use arts and crafts when **working with**

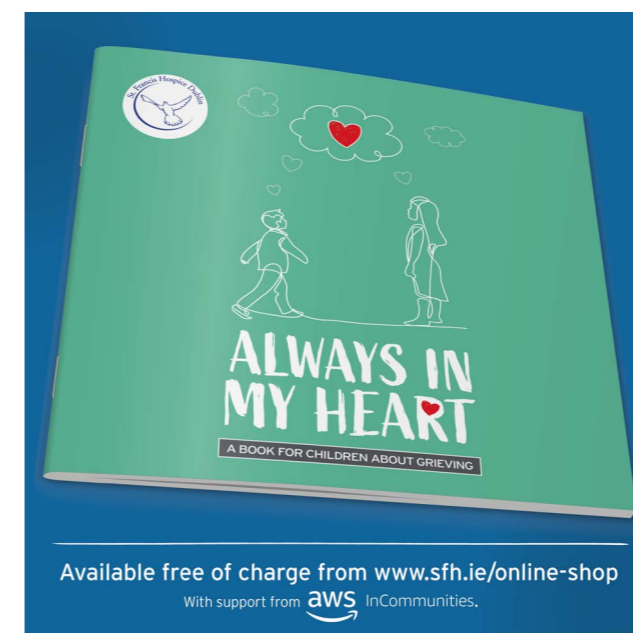


**children and their families** as a way of trying to process strong emotions and developing their understanding of illness and grief.

In 2023, our social work team wrote, designed and published a book for children aged 9–12 years **“Always in My Heart: A book for children about grieving”**. It is similar in style to our 2021 book “Finding Your Way through Grief: For teenagers and young adults”. The new book is designed to be used by parents and guardians to support and guide a child as they grieve. It was launched on International Children’s Day supported by ambassador Sinead Kavanagh, a local primary school teacher who has experience of care by St

Francis Hospice and of supporting her own children through bereavement. We sent a copy of the book to all primary schools in our catchment area, and to all palliative care services nationally. With support from Amazon Web Services, both books are available free of charge to anyone who needs them and can be ordered from our web site [www.sfh.ie](http://www.sfh.ie).

In 2023 our Community Palliative Care teams cared for 12 children compared with 7 in 2022. As an adult palliative care team we understand the importance of continuous education and upskilling of Clinical Nurse Specialists in **paediatric palliative care**. We continue to develop our skills and knowledge, supported by our Palliative Care Consultant, and we also attend paediatric conferences and education training days.





## ACTIVITIES AND ACHIEVEMENTS 2023 - COMPASSION

Our social work team facilitated a **Children and Family Bereavement Day** for children and their families where a parent had died. Eleven families (a total of 32 people) attended the day with children ranging from 5 years to 22 years. There was positive feedback from the families who attended about meeting other families, being around other people who understood their experience and about being able to remember the person who died. One family told us, *"We all got a lot out of it and it really helped us to open up conversations with each other about the bereavement, something that is really helpful to us."* In 2023, our social work team developed the role of **Children's Champion**. The Children's Champion led out on the development of a Children's Charter as well as a vision document for the hospice in relation to how it includes children across all aspects of its work. This work will be ongoing.



**Remembrance** is an important aspect of care for people who have been bereaved. Our social work and chaplaincy teams facilitate Services of Remembrance throughout the year, as well as two seasonal times of reflection: the Sunflower of Life in June and Tree of Life in December.

The Volunteer Bereavement Support Service (VBSS) provides a valuable **listening service** for adults whose loved ones have died under the care of St Francis Hospice. This year, we facilitated an intensive training programme, resulting in 12 new VBSS volunteers.



*"The chaplains of St Francis Hospice are a professionally and accredited trained team who listen to peoples' stories and can help them, if not make sense of their situation, find peace and acceptance. This can be achieved in different ways such as if an individual draws spiritual strength from nature, or a network of family and friends, chaplains seek more avenues for the person to connect in the way that is most helpful to the person. For some patients there may be a need for them to connect their spirituality or faith to their illness and to help find meaning in their situation. It may be exploring some unfinished business in their lives and letting them express this. Whatever the patient would like to discuss, the chaplain offers a unique service that creates a presence for a person to express or explore their anxieties, hopes, and fears in a confidential, non-judgmental and safe space."*

**Paul Gillen, Chaplain**





## AEDÍN'S STORY

Whenever anyone mentions St Francis Hospice my first response is always, "They saved my family." That might seem like an odd thing to say, but when you read our story, you will understand how important the support of the hospice was for me and my family. My husband, Frank, was a patient there 8 years ago. I remember his first few minutes, arriving anxious and upset and being met by compassion and professionalism. He focused on the room layout, to gain some control I think, and in what seemed like seconds a team of carers re-arranged the whole room to his liking, every bit of furniture moved. One of the nurses knelt down beside his chair, took his hand and said, "We're here for you Frank." It was so simple and so kind. The hospice meets you exactly where you are, emotionally and physically, and holds you in place.

Frank, individually, and we as a family, used every service the hospice offered. There were nurses visits at home before his admission, I started having conversations with Niamh Finucane from the Social Work department about our children and how best to talk to them about what was happening. After his admission Frank was very keen to have lots of physiotherapy, where he worked very hard, and occupational therapy, for him that was painting. We have some treasured pieces that he completed.

When a loved one dies, the hospice doesn't go away. They stayed in contact with me for as long as I needed, and myself and my two children regularly went back to speak to Niamh and work through some feelings. When I talk about being saved after Frank's death, I particularly remember her contribution to that and we will always be grateful to her.

We were fortunate to receive a single room, not available to everyone at the existing hospice in Raheny. Frank was a young man, with young children, and having his own room allowed us private family time. I felt our children could be themselves and I didn't worry about disturbing other patients. So we could have movie nights, play games, listen to music, do homework and take naps. A little bit of normality in an abnormal time.

I'm delighted that the new hospice development plan has all single, en-suite rooms planned. It's a huge fundraising task but I feel the whole Dublin community is so proud of the work the hospice does that whether it's buying a €3 key ring, raising €50 at a coffee morning or €500 at a pub quiz, we can point at the hospice and say, "I helped build that."

**Aedín Gillespie**



# COLLABORATION



*“Alone we can do so little; together we can do so much”*

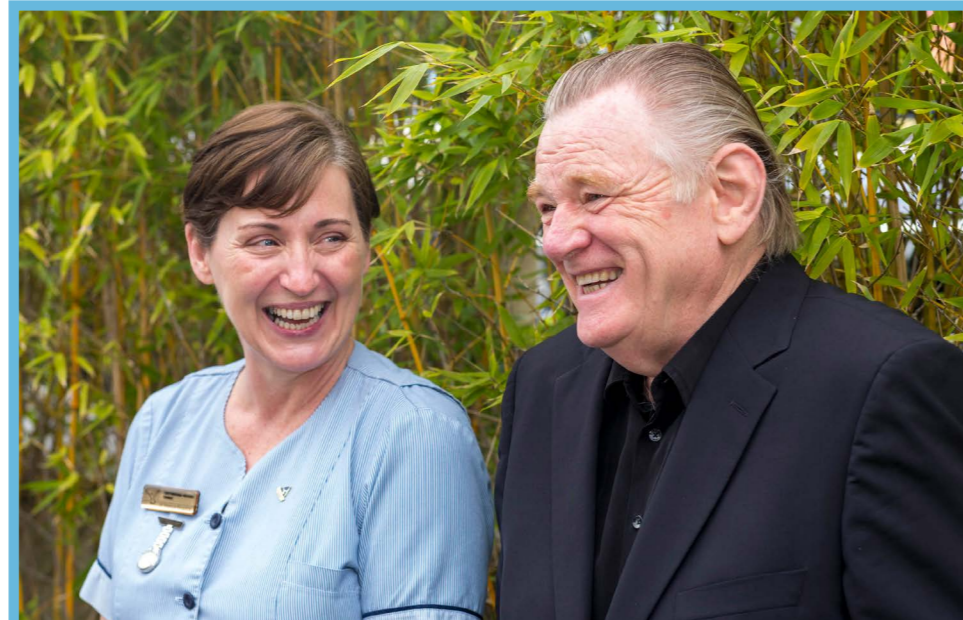
Helen Keller

Brendan Gleeson has been a loyal supporter of St Francis Hospice for many years, and he was on hand in 2023 to help us launch our Living Today, Building for Tomorrow campaign. This will see companies from the construction sector come together to raise funds for the redevelopment of our Raheny in-patient unit. Such a major **capital development will succeed only in collaboration** with the corporate sector, the HSE, and of course the many individuals and families of our wonderful community in North Dublin and surrounding counties. Our Corporate Volunteering Programme gives us an opportunity to **acknowledge the support our corporate sponsors give** us throughout the year, to show them the impact of their donations, and to inform them about hospice and palliative care. Throughout June, July and August we welcomed companies: Osborne Recruitment, Liberty IT, Workday, Ulster Bank, Bristol-Myers Squibb, DLA Piper, Valeo Foods, Global, Mondelz and Amazon Web Services.

In early December, staff from our corporate sponsors, Valeo Foods and DLA Piper put up the Christmas trees around both Hospices. This is a



huge support, especially when they returned in January to pack the decorations away for next year. Also, staff from corporate sponsor BMS wrapped more than 50 hampers of



food items that were donated to us by Loreto School, Dalkey. The hampers were delivered to our patients in the community. You can see the BMS volunteers at work here: [https://fb.watch/puhvY5\\_2da/](https://fb.watch/puhvY5_2da/)



We highly value the collaborative relationships we share with other organisations and colleagues within the hospice and palliative care sector.

One aspect of this collaboration that is highly valued by our staff is participation in communities of practice, such as those organised by the All Ireland Institute for Hospice and Palliative Care. These are great sources of connection and learning for staff of various disciplines.

In 2023, we collaborated with Vision Ireland to produce our two bereavement support books for young people as audio books and Braille books, making them **accessible** to visually impaired people.





## ACTIVITIES AND ACHIEVEMENTS 2023 - COLLABORATION

**Collaboration with our local communities** and our supporters is something we greatly value in St Francis Hospice. Our twice yearly newsletter, Hospice Connection, keeps us in contact with members of our community and to share stories of how their support makes a difference to our patients and their families. For the first time in 2023, St Francis Hospice staff and volunteers marched in the Blanchardstown St Patrick's Day Parade, illustrating our place at the centre of our local communities.



Our implementation of the Human Resources Information System (HRIS) continued this year, with the launch of several additional functionalities. The implementation will continue in 2024. The HRIS enables **more efficient collaboration across the entire hospice** organisation by streamlining processes and providing a vehicle for communication directly to colleagues via the app.





# EXCELLENCE



“Excellence is doing ordinary things extraordinarily well.”

John W. Gardiner

As a **learning organisation**, we embrace opportunities to develop our knowledge and skills through further education and research. Here are a sample of these activities in 2023:

Research on our Occupational Therapy EMPOWER Programme was completed in 2023. Empower is a goal based self-management group programme which provides patients with **strategies to manage stress and anxiety**. Evidence indicates EMPOWER is beneficial to patients, assisting with decreasing anxiety and depression among patients. Qualitative data identified peer learning, goal setting and the format of the group as key areas which patients reported positively on.

*I was able to learn different techniques on how to cope with stress and anxiety. I am now equipped with the tools I need. Goal-setting was terrific, motivational, encouraging... it was the best part of the programme, and meeting other people.*



Several departments and disciplines through the hospice participate in regular **journal clubs** to keep up to date with the latest research relevant to their practice.

The **transfer of new knowledge** into practice is a key element of continuing education. One example of this from 2023 is the result of five St Francis Hospice staff members participating in a quality improvement initiative called SAFE (Situation Awareness for Everyone).

The decision to move from home to hospice represent some of the most emotional and challenging points of a person’s illness. Two consultants and two team leaders from our Community Palliative Care team and one nurse manager from our In-Patient team embarked on this project in conjunction with the RCPI.

This project will run until March 2024 and its aim is **to improve the quality, safety and efficiency of clinical handover** at time of care transfer between the community palliative care and in-patient unit teams through



the introduction of a care huddle and comprehensive transfer document.

We continue to work with our **third level partners** delivering education and providing clinical placements. Our MSc in Palliative Care (Interdisciplinary), in conjunction with Trinity College Dublin, enrolled 12 new students in 2023. In addition to facilitating clinical placements for healthcare professionals studying at Master’s level, this year we began facilitating undergraduate nursing placements for students of Dublin City University. Feedback from the students has been positive, with comments such as, “The placement changed my whole outlook on communication with patients and how to treat patients under palliative care.”



Our Complementary Team was selected by the scientific committee of the Fondation Gattefossé Aromashowcase to be among the final four contestants in this **prestigious**



**international competition.** Team member Catherine Reid delivered a presentation about our aromatherapy programme and its impact on the lives of patients attending St Francis Hospice.

Our hospice team participated in a number of initiatives linked to **special themed days** throughout the year, such as World Hand Hygiene Day. These events serve as educational opportunities to focus on specific updates and learning.





## ACTIVITIES AND ACHIEVEMENTS 2023 - EXCELLENCE

We support an active **culture of research** within St. Francis Hospice. Recent publications by our staff in peer reviewed journals include:

Boland, L. *et al.* (2023) 'Feasibility Randomised Control Trial of OptiMal: A Self-Management Intervention for Cancer Survivors', *Current Oncology*, 30(12), pp. 10195–10210. Available at: <https://doi.org/10.3390/currenco130120742>

McCauley, R., Ryan, K., McQuillan, R. and Foley, G. (2023a) 'Mutual support between patients and family caregivers in palliative care: A qualitative study', *Palliative Medicine*, 37(10), pp. 1520–1528. Available at: <https://doi.org/10.1177/02692163231205130>.

McCauley, R., Ryan, K., McQuillan, R. and Foley, G. (2023b) 'Patient and Caregiver Reciprocal Support: Impact on Decision Making in Specialist Palliative Care', *Journal of Pain and Symptom Management*, 66(5), pp. 570–577. Available at: <https://doi.org/10.1016/j.jpainsymman.2023.08.002>.

McCauley, R., Ryan, K., McQuillan, R., Selman, L.E., *et al.* (2023) 'Supportive relationships between patients and family caregivers in specialist palliative care: a qualitative study of barriers and facilitators', *BMJ Supportive & Palliative Care*, p. spcare-2023-004371. Available at: <https://doi.org/10.1136/spcare-2023-004371>.

Mulcahy Symmons, S. *et al.* (2023) 'Decision-making in palliative care: patient and family caregiver concordance and discordance—systematic review and narrative synthesis', *BMJ Supportive & Palliative Care*, 13(4), pp. 374–385. Available at: <https://doi.org/10.1136/bmjspcare-2022-003525>.

O'Reilly, S. *et al.* (2023) 'Impact of the COVID-19 pandemic on cancer care in Ireland – Perspectives from a COVID-19 and Cancer Working Group', *Journal of Cancer Policy*, 36, p. 100414. Available at: <https://doi.org/10.1016/j.jcpc.2023.100414>.

We maintained our certification of the Charity Institute Ireland's **Triple Lock Standard**. This signifies a recognition of our ethical fundraising practices, transparent annual and financial reporting, and good governance.



## VOLUNTEER IRELAND AWARD FOR OUR IN-PATIENT UNIT HOSPITALITY VOLUNTEERS

There was an atmosphere of sheer delight and great enthusiasm as a group of St Francis Hospice IPU Hospitality Volunteers attended the Volunteer Ireland Awards in December 2023. We had been nominated in the Large Group category and were proud to be able to go and represent the many volunteers in St Francis Hospice.



During the ceremony there was a palpable air of anticipation as we headed towards the crescendo, the final category which was ours, the Large Group Award. The other nominees were Jigsaw youth advocates and Victim Support at Court Volunteers, and we listened to their statements and the tremendous work carried out by their volunteers.

With a collective gasp we were declared the overall winners of the Large Group category. The reaction from the gathering in the room surrounded us with a sustained applause and a standing ovation that got us to the stage to collect our beautiful award. It was a moment to cherish and wonderful to feel the warm appreciation in the room as our citation and the reason we earned this award was read aloud.

We are proud of one another and honoured to be recognised in a national award. I have no doubt we as volunteers do so in the spirit of St Francis each day and each week "for it is in giving that we receive", and I really do believe this. It is a privilege to be part of the volunteer family in St Francis Hospice.

We are part of approximately one million volunteers in Ireland, and yet as many will tell you there is something uniquely special and humbling about wearing the Volunteer badge of St Francis Hospice.

**Micheál Kilcrann**, IPU Hospitality Volunteer



John Hayes, one of our award-winning IPU Hospitality Volunteers, describes his experiences of volunteering in the role: <https://youtu.be/nxTHpHm7Ljk>.



# KINDNESS



*“Kindness is not an act,  
it is an attitude”*

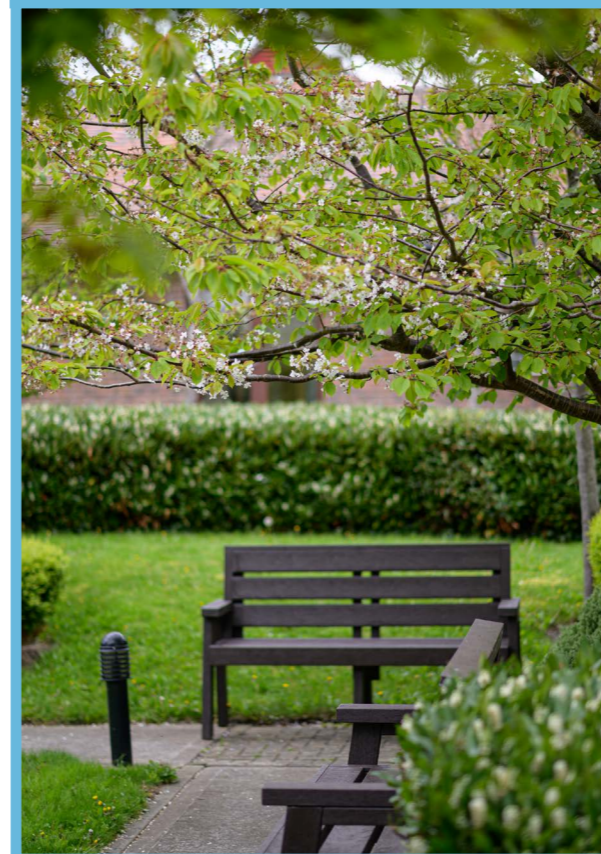
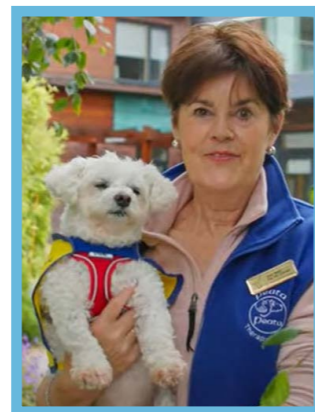
Sr. Stanislaus Kennedy

In 2023 our Occupational Therapists began implementing **more therapeutic and meaningful activities for our in-patients**. Goal setting is completed with patients to identify meaningful occupations or activities. OT’s use task analysis to ensure the patient’s

ability is matched with the task creating the “just right challenge”. This allows for patients to fully engage and creates a stimulating environment, allowing for a sense of mastery and purpose.

The kindness of the Hoey and Bergin families enabled countless members of our community to visit and spend time in the **Sunflower of Life field** in Ballyboughal for a third summer. This year, several varieties of sunflowers were planted, bringing additional colour to the beautiful, peaceful setting. We appreciate the kindness of all those who donated to St Francis Hospice during their visits to the field.

Our **volunteer therapy dogs** who visit patients and families in the hospice bring joy to so many people who are experiencing challenging and sad circumstances. Local videographer Laurence McMahon kindly offered to capture this phenomenon by telling the story of Bo, our therapy dog in Blanchardstown: <https://youtu.be/9VXbupqBfGQ>.



Our staff and volunteers provide **kindness and care** to so many throughout the year, so it is fitting that they receive some special care during our fortnight of Wellness Weeks. This provides an opportunity for self-care, team building and fun, and learning more about how to stay healthy.

Throughout the year, we also participate in national initiatives such as See Change, and Mental Health Ireland’s “Hello, how are you?” In 2023, recognising an issue that was impacting a significant number of our staff, we introduced menopause champions, who facilitate regular informal gatherings for mutual peer support and information sharing.

The kindness of our supporters ensures that we can provide **extra comforts for our patients and their families**. One example from 2023 is the new garden furniture for our Raheny garden.

It's not the activity as such that is relaxing, it's the interaction and conversation that's so relaxing.

I actually thoroughly enjoyed that, it was so lovely going down memory lane.

Today was a really good day.

That really cheered me up and lifted my spirits.







## FUNDRAISING



In 2023 we again encouraged our supporters to capture the beginnings of spring through our **5K Spring Memorial Walk** in the months of March/ April. Family

and friends, accompanied by their pets, were asked to remember those whom they have loved and lost. We were deeply grateful to our Board Director Eileen Dunne for her support and the very welcome sponsorship of AWS in Communities. We were deeply thankful to our supporters who rallied to the walk again this year and raised over **€72,722** for St. Francis Hospice. We were delighted to receive the many photographs that participants sent us of their walks with family, friends, and pets, and we shared their experiences on hospice social media.



Participation in the Vhi Women's Mini Marathon is increasing year on year. For the second year running Eileen Dunne, Board Director SFH put out the call to supporters of hospice to join her in this year's Marathon. On a beautiful sunny day on the 4th June,

St. Francis Hospice participants met Eileen at our gathering point on the corner of Stephen's Green for photographs and a chat. We are so grateful to all participants including Eileen who took part and collectively raised **€85,407** for St. Francis Hospice.



Our engagement with our supporters for **Sunflower Days in June 2023** was threefold:

- Our collections through Nolan's Clontarf, Blanchardstown Shopping Centre, Pavilions Swords, Charlestown Finglas, Supervalu Donabate, Holywell, Kilbarrack and Centra Edenmore were hugely supported and we are so grateful to the Centre Managers and their patrons for their generosity.
- The Sunflower Reflection video, created by staff and volunteers, providing a reflective space for all and concluding with a beautiful musical piece played on mandolin by actor Brendan Gleeson, a great advocate for St. Francis Hospice.
- Our Sunflower Days campaign fittingly concluded with visits by so many to a three acre Sunflower of Life field in Ballyboughal which was abloom with many varieties this year thanks to the generosity of the Hoey and Bergin families. This beautiful place played host to so many members of the community who wished to brighten their homes with Sunflowers, immerse themselves in this tranquil space, or capture some sunflower images through art and photography.

The total funds raised and very gratefully received from Sunflower Days 2023 was **€129,079**.

## FUNDRAISING

In 2023 we moved forward with our 31st **Bewley's Big Coffee Morning Social for Hospice** and the launch was held in Bewley's Café, Grafton Street with actor Domhnall Gleeson as Ambassador for this year's campaign. Domhnall, after conducting a number of interviews with both press and radio, was joined by numerous hosts, staff and volunteers from hospices throughout the country for photographs. We are so appreciative of Domhnall's time and energy and helping us to acknowledge and celebrate the very generous sponsorship and long standing partnership with Bewley's, in particular Paddy and Veronica Campbell and their staff. This brilliant partnership is underpinned by the generosity of the community.



The response to this year's Bewley's Big Coffee Morning Social for Hospice was overwhelming with so many hosts organising Coffee Morning Socials, morning, noon and night, raising **€417,434** for St. Francis Hospice and over €2m for hospices nationwide. It was an overwhelming result and deeply appreciated.

### Together for Hospice



We would like to thank Together for Hospice for their support of Sunflower Days and Bewley's Big Coffee Morning Social for Hospice on behalf of hospices nationally. All monies raised locally through these campaigns remain local to each hospice.

### The Hospice

**Monthly Draw** continues to provide a regular and steady income for the hospice. It is reassuring at the commencement of each year to know that this income is there and can be relied upon. On the last Thursday of each month our Draw Administrator is always delighted to make those four prize winning phone calls! We are deeply grateful to all our Draw Members for such loyal and ongoing support. This year the Draw raised **€341,095** for St. Francis Hospice.



There was a huge increase in **Community Supporter Events** throughout 2023, many held by families in memory of their loved one and what a wonderful way to celebrate their lives and at the same time helping to ensure that hospice care is provided to members of their community. Community Supporter Events also maintain and strengthen our bonds with the community with numerous events being held on an annual basis. This year Community Supporter Events achieved **€1,203,447** for St. Francis Hospice. We are so grateful to all our event holders both past and present for their creativity and massive generosity.





## FUNDRAISING



With two perfect crisp, dry winter nights, our **Tree of Life Ceremonies** were well attended by members of the Community this year. Both Ceremonies were supported by staff, volunteers,

An Garda Siochana, Civil Defence and the Order of Malta. Our trees were supplied by Fingal County Council and the Westerholt Family in Wicklow. With candles in hand and to the very moving voices of the Laurel Lodge and Musical Suspects choirs, our trees were lit.

The lighting of the Hospice Christmas trees is always a very poignant yet uplifting moment knowing that so many members of our community, for whom we were privileged to care, are remembered. The enormous support, **€656,532** received for the sponsorship of lights through the hospice and collections, the purchase of Christmas goods by mail, online and through our Christmas Shops managed by our volunteers was very gratefully received by St. Francis Hospice for the future care of patients and families.



In 2023 the Fundraising Team with the continued support of a team of dedicated volunteers led by Grainne Ui Chaomhanaigh and John Hayes, launched the **Annual Car Draw**, making the driving of a Toyota Yaris Platinum Hybrid into the New Year a very real prospect for a lucky supporter in 2024. Ticket sales ran from the 1st October to the 22nd January 2024 and were available from hospice receptions, online, through the Blanchardstown Shopping Centre supported by Ciara Curtis, Marketing Manager, through our Christmas Appeal and private ticket sellers. At the conclusion of ticket sales, there was a major body of work for the Fundraising Team and our scrutineers from Blanchardstown Garda Station to ensure adherence to the Terms and Conditions of the Annual Car Draw. The Blanchardstown Shopping Centre Management Team led by Joe Gavin hosted the Annual Car Draw on the 25th January 2024 and the prizes were drawn in the company of the Mayor of Fingal, Adrian Henchy, public representatives, the Sam Maguire Cup and members of the community. Our congratulations to the winner of the car and to all other winners of prizes associated with the Annual Car Draw. The enormous generosity of the Community saw the Annual Car Draw achieve the highest amount to date of **€164,210** for St. Francis Hospice.

We are deeply grateful to Fr. Dan Joe O'Mahony and Joe Gavin, General Manager of the Blanchardstown Centre, who, working in tandem, have continued to be powerful advocates for St. Francis Hospice within the local community.

St. Francis Hospice and its plans for the building of a **new in-patient unit in Raheny** are progressing. The inter-connectedness of both hospices and our entire community of North Dublin and surrounding counties is vital for this development and the overall provision of care. We look forward to the support of all to help us progress in our mission to provide the best quality palliative care for the people of our community.

## FUNDRAISING

### Achievements in 2023/Future Plans 2024

Through the generosity of our supporters we achieved **€5,856,868** in 2023. The general income achieved was exceptional and absolutely affirmed the return to normality post Covid-19 in the external environment. **Our budget for 2024 is €5,128,000.**

Throughout 2023 **communication** through the Hospice Connection newsletter, our Donor Survey, and all campaigns, particularly the launch of Bewley's Big Coffee Morning Social for Hospice by Domhnall Gleeson, lifted the hospice's profile resulting in a substantial increase in awareness of hospice services and income. **In 2024 this level of communication will continue and will also increase as plans progress for the new in-patient unit development at St. Francis Hospice Raheny.**

In 2023, we used the press and our online presence to promote **legacy donations**, while at the same time we remain cognisant of the need for sensitivity within this area. Supporters of hospice have been and continue to be so generous in this regard. They also provided us with valuable insights through our **Donor Survey** which **will guide us in 2024.**

In 2023 St. Francis Hospice Dublin welcomed many of its **corporate partners** to both hospices to hold their own team meetings, paint walls, plant and weed flower beds, or decorate hospice Christmas trees. The presence of our corporate partners strengthens bonds with hospice staff and also amongst themselves. They gain valuable insight to hospice services which can in turn be disseminated back to all their colleagues. **We look forward to continuing to build on existing and new corporate relationships in 2024.**

In March, with the wonderful support of Ambassador **Brendan Gleeson**, we successfully launched **'Living Today, Building for Tomorrow'**. This campaign calls on

the construction industry to support the redevelopment of our Raheny in-patient unit, thus contributing to a vital project that will provide an invaluable service to the community where they are actively engaged in construction projects. The aim is to raise €3.5m from this campaign. Recruitment for the **'Living Today, Building for Tomorrow'** campaign will continue into 2024 and beyond.

We are incredibly grateful to our generous and visionary donors who have supported us throughout the wider **'Living Today'** campaign to support the redevelopment of the Raheny in-patient unit. It is with thanks to their incredible support that we are half way to achieving our €10m target for the campaign.

Planned and strategic giving in this way can be transformative for the hospice. This way of giving will continue to play a pivotal role in allowing St. Francis Hospice to innovate and adapt to the changing needs of our patients and community. With support from our community, we are hugely encouraged to continue leading in this way.







## FINANCIAL REVIEW

There were 11,141 nursing visits and 682 medical visits to patients at home. In out-patient and day services, there were 355 patients with a total of 3,508 attendances. There were 650 admissions to the In-Patient Unit. In addition, there were 13,269 attendances by patients for a range of support services.

The Hospice strives to achieve a standard of excellence in the care of patients and their families. There is a continuing emphasis on education in palliative care and indeed to expanding our commitment to a specialist palliative care approach in settings outside St. Francis Hospice Dublin. Our policy is to grow and develop to meet the specialist palliative care needs of North Dublin city, county and surrounding counties but within the constraints of our financial resources.

The financial year's performance in financial terms is set out in pages 15 and 16 of the financial statements under the 'Statement of Financial Activities' and Statement of Financial Position, the main features are:

- A surplus of income over expenditure of €680,735. This is a decrease of €835,205 on the surplus of €1,515,940 reported for the previous financial year. Total expenditure increased by €2.11m over 2022 resulting in a 10% increase. €1.42m increase in pay costs 9%, €181k increase in agency nursing costs, €129k increase in light and heat 42% increase. Additional increases were in staff training and promotional materials. Other non-pay were in line with 2022 levels.
- **Financial Position and Sustainability**  
The surplus achieved in 2023 of €680,735 (restricted and unrestricted) has enabled the hospice to continue to retain a more sustainable financial position. The hospice now has a minimum working capital position and has repaid its long-term capital debt.

- **Fundraising Income**  
At a total level we raised €5,875,869 in fundraising income (restricted and unrestricted) during the year. An increase of €1.3M which represents an increase of 28% on 2022.

- **Statutory Funding**  
During 2023, St. Francis Hospice Dublin received from the HSE revenue funding of €17,685,108 as part of the Service Level Arrangement. The funding received in 2023 ensured the ongoing financial sustainability of the hospice as a core provider of palliative care. As a result, the hospice was in a position to continue to deliver acute palliative care services to the people of North Dublin and surrounding counties and to further its three strategic objectives agreed with the HSE Community Health Organisation 9, which are:

1. Increase access to our specialist palliative care services to the people of North Dublin and surrounding counties.
2. Plan for the development of a new St Francis Hospice Raheny In-patient Unit building.
3. Reduce St Francis Hospice's dependency on fundraising income for day-to-day specialist palliative care service delivery.

In 2023, the hospice received HSE funding in the amount of €77,687 as a contribution towards additional Covid-19 related expenditure.

The hospice received capital grants from the HSE of €810,411 for capital expenditure in 2023.







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SECTION  
**5**  
**Financial  
Statements**



## DIRECTORS' RESPONSIBILITIES STATEMENT FOR YEAR ENDED 31 DECEMBER 2023

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under that law, the directors have elected to prepare the financial statements in accordance with Companies Act 2014 and FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (Generally accepted Accounting Practice in Ireland) issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the profit or loss of the company for that financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

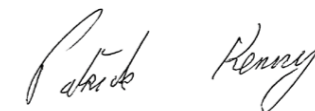
- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and profit or loss of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the board of directors and signed on its behalf by:



**Dermot McCarthy**  
Director



**Patrick Kenny**  
Director



## INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF ST. FRANCIS HOSPICE DUBLIN

### Opinion

We have audited the financial statements of St Francis Hospice ('the company') for the year ended 31 December 2023, which comprise the profit and loss account, the statement of financial activities, Statement of Financial Position, the statement of cash flows and notes to the financial statements, including the summary of significant accounting policies set out in note 1. The financial reporting framework that has been applied in their preparation is Irish Law and FRS 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* issued in the United Kingdom by the Financial Reporting Council.

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 31 December 2023 and of its profit for the year then ended;
- have been properly prepared in accordance with FRS 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland*; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are described below in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

## INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF ST. FRANCIS HOSPICE DUBLIN

### Other information

The directors are responsible for the other information in the annual report. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### Opinions on other matters prescribed by the Companies Act 2014

In our opinion, based on the work undertaken in the course of the audit, we report that:

- the information given in the directors' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report has been prepared in accordance with applicable legal requirements.

We have obtained all the information and explanations which, to the best of our knowledge and belief, are necessary for the purposes of our audit.

In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited, and the financial statements are in agreement with the accounting records.

### Matters on which we are required to report by exception

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the directors' report.

The Companies Act 2014 requires us to report to you if, in our opinion, the requirements of any of sections 305 to 312 of the Act, which relate to disclosures of directors' remuneration and transactions, are not complied with by the company. We have nothing to report in this regard.

### Responsibilities of directors for the financial statements

As explained more fully in the directors' responsibilities statement, the directors are responsible for the preparation of the financial statements in accordance with the applicable financial



## INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF ST. FRANCIS HOSPICE DUBLIN

reporting framework that give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, if applicable, matters related to going concern and using the going concern basis of accounting unless management either intend to liquidate the company or to cease operations, or have no realistic alternative but to do so.

### Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the company's financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the company's financial statements is located on the IAASA's website at: <https://iaasa.ie/publications/description-of-the-auditors-responsibilities-for-the-audit-of-the-financial-statements/>. This description forms part of our auditor's report.

The purpose of our audit work and to whom we owe our responsibilities

This report is made solely to the company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

**John Manning**  
Statutory Auditor

29 May 2024

for and on behalf of JPA Brenson Lawlor Chartered Accountants  
Argyle Square  
Morehampton Road  
Donnybrook  
Dublin 4

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2023

	Notes	2023 Restricted Funds	2023 Unrestricted Funds	2023 Total	2022 Restricted Funds	2022 Unrestricted Funds	2022 Total
		€	€	€	€	€	€
<b>Income from</b>							
Donations and legacies	3	634,605	2,524,468	3,159,073	267,700	1,941,959	2,209,659
Other activities	4	16,250	2,700,546	2,716,796	12,700	2,352,979	2,365,679
Charitable activities	5	18,520,534	-	18,520,534	18,564,405	3,520	18,567,925
Investment income	6	-	-	-	-	3	3
Other income	7	60,302	34,484	94,786	67,301	8,817	75,848
<b>Total</b>		<b>19,231,691</b>	<b>5,259,498</b>	<b>24,491,189</b>	<b>18,911,836</b>	<b>4,307,278</b>	<b>23,219,114</b>
<b>Expenditure on</b>							
Raising funds	8	49,485	843,452	892,937	-	802,113	802,113
Charitable activities	9	18,111,083	4,806,434	22,917,517	16,895,023	4,006,038	20,901,061
<b>Total</b>		<b>18,160,568</b>	<b>5,649,886</b>	<b>23,810,454</b>	<b>16,895,023</b>	<b>4,808,151</b>	<b>21,703,174</b>
<b>Net income (expenditure)</b>	12	<b>1,071,123</b>	<b>(390,388)</b>	<b>680,735</b>	<b>2,016,813</b>	<b>(500,873)</b>	<b>1,515,940</b>
Transfers		(1,510,980)	1,510,980	-	(2,755,260)	2,755,260	-
<b>Net income (expenditure) for the movement in funds</b>		<b>(439,857)</b>	<b>1,120,592</b>	<b>680,735</b>	<b>(738,447)</b>	<b>2,254,387</b>	<b>1,515,940</b>
<b>Reconciliation of funds</b>							
Total funds brought forward	21	1,665,979	30,685,269	32,351,248	2,404,426	28,430,882	30,385,308
Total funds carried forward	21	1,226,122	31,805,861	33,031,983	1,665,979	30,685,269	32,351,248



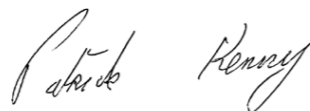
## STATEMENT OF FINANCIAL POSITION FOR THE YEAR ENDED 31 DECEMBER 2023

	Notes	2023	2022 Restated
		€	€
<b>Fixed Assets</b>			
Intangible Fixed Assets	14	200,280	27,439
Tangible Fixed Assets	15	28,257,512	28,474,231
Financial Fixed Assets	16	100	100
		<b>28,457,892</b>	<b>28,501,770</b>
<b>Current Assets</b>			
Debtors			
Cash at bank and in hand	17	2,321,881	1,427,153
		<b>4,209,192</b>	<b>4,005,711</b>
		<b>6,531,073</b>	<b>5,432,864</b>
<b>Creditors: Amounts falling due within one year</b>	18	<b>(1,956,982)</b>	<b>(1,583,386)</b>
<b>Net Current Assets</b>		<b>4,574,091</b>	<b>3,849,478</b>
<b>Total Assets less Current Liabilities</b>		<b>33,031,983</b>	<b>32,351,248</b>
<b>Net Assets</b>		<b>33,031,983</b>	<b>32,351,248</b>
<b>Reserves and Funds</b>			
Accumulated restricted funds	21	1,226,122	1,665,979
Accumulated unrestricted funds	21	29,501,519	29,825,705
Accumulated designated funds	21	2,304,342	859,564
<b>Total Reserves and funds</b>		<b>33,031,983</b>	<b>32,351,248</b>

The financial statements were approved and authorised for issue by the Board of directors on 29th May 2024 and signed on its behalf by:



**Dermot McCarthy**  
Director



**Patrick Kenny**  
Director

## STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 DECEMBER 2023

	Notes	2023	2022
		€	€
<b>Cash flows during the financial period</b>			
Net cash generated during the financial period	22	1,376,218	2,249,949
Interest paid		(876)	(15,910)
		<b>1,375,342</b>	<b>2,234,039</b>
<b>Investing activities</b>			
Purchase of fixed assets		(1,172,881)	(887,425)
Proceeds from disposals of fixed assets		1,020	-
Interest received		-	3
<b>Net cash flows used in investing activities</b>		<b>(1,171,861)</b>	<b>(887,422)</b>
<b>Financing activities</b>			
Repayment of bank loans			(1,515,001)
<b>Net cash used in financing activities</b>			<b>(1,515,001)</b>
<b>Net decrease in cash and cash equivalents</b>		<b>203,481</b>	<b>(168,384)</b>
Cash and cash equivalents at beginning of year		4,005,711	4,174,095
<b>Cash and cash equivalents at end of year</b>		<b>4,209,192</b>	<b>4,005,711</b>



## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

### 1 ACCOUNTING POLICIES

The principal accounting policies are summarised below. They have all been applied consistently throughout the financial year and the preceding year.

Some of the amounts reported for the previous period have been restated to represent comparative figures.

#### General Information and basis of accounting

St Francis Hospice Dublin is a company incorporated in Ireland under the Companies Act 2014. The address of the registered office is Station Road, Raheny, Dublin, D05 E392. The nature of the company's operations and its principal activities are set out in the director's report on pages 3 to 11.

In accordance with Section 1180(8) of the Companies Act 2014, the company is exempt from including the word "Limited" in its name. The company is limited by guarantee.

The financial statements have been prepared under the historical cost convention, and in accordance with the Statement of Recommended Practice (SORP 2015) "Accounting and Reporting by Charities", in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), issued by the Financial Reporting Council, and the Companies Act 2014.

The functional currency of St Francis Hospice Dublin is considered to be euro because that is the currency of the primary economic environment in which the company operates.

The functional currency of St Francis Hospice Dublin is considered to be euro because that is the currency of the primary economic environment in which the company operates.

#### Going Concern

The directors have a reasonable expectation that St. Francis Hospice Dublin has adequate resources to continue in operational existence for the foreseeable future, thus they continue to adopt the going concern basis in preparing the annual financial statements. Further details regarding the adoption of the going concern basis can be found in note 1 to the financial statements.

#### Tangible fixed assets and Depreciation

Tangible fixed assets are carried at cost (or deemed cost) less accumulated depreciation and accumulated impairment losses. Cost includes the original purchase price, costs directly attributable to bringing the asset to the location and condition necessary for its intended use, applicable dismantling, removal and restoration costs. Assets under construction are not depreciated until they are available for use.

Subsequent additions are included in the assets carrying amount or recognised as a separate asset, as appropriate, only when it is probable that the economic benefits associated with the

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

asset will flow to the Hospice and the cost can be reliably measured. Assets in the course of construction are carried at cost. Major components are treated as separate assets where they have significantly different pattern of consumption of economic benefits and are depreciated separately over their useful lives.

Depreciation is calculated to write off the cost of tangible fixed assets over their expected useful lives in equal annual instalments. The annual rates of depreciation are as follows:

Buildings	-	2.00%
Modular Buildings	-	10.00%
Office Equipment	-	12.50%
Medical Equipment	-	12.50%
Computers	-	33.33%
Furniture, fixtures & fittings	-	12.50%
Motor vehicles	-	20.00%

Residual value represents the estimated amount which would currently be obtained from disposal of an asset, after deducting estimated costs of disposal, if the asset were already of the age and in the condition expected at the end of its useful life. Repairs and maintenance costs are expensed as incurred.

#### Income

- i. Income from voluntary donations is recognised when received. As with many similar charitable organisations, independent groups from time to time organise fundraising activities and may operate bank accounts in the name of St Francis Hospice Dublin. However, as amounts collected in this way are outside the control of the company, they are not included in the financial statements until received by St Francis Hospice Dublin.
- ii. Proceeds from the sale of donated goods are recognised in the financial statements in the period in which they are realised. Volunteer time is not included in the financial statements.
- iii. Grants from the HSE, government and other agencies have been included as income from activities in furtherance of the charity's objects and accounted for on a receivable basis. Revenue grants received and receivable from the Health Service Executive (HSE) are accounted for on the basis of the allocated amount notified by the HSE for that financial year.
- iv. Legacies are included when the amount is to be received is probable and can be measured with certainty.
- v. Investment income is recognised on a receivable basis.



## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

### Expenditure

Charitable activities comprise expenditure incurred by the activities in the Raheny and Blanchardstown Hospices as well as support costs incurred at headquarters that are directly related to the implementation of charities activities. Expenditure is recognised in the period to which it relates.

Expenditure incurred but unpaid at the statement of financial position date is included in accruals and other creditors. Expenditure on raising funds comprise all expenditure incurred by St Francis Hospice Dublin on raising funds for the organisation's charitable activities.

### Foreign Currencies

Transactions in foreign currencies are recorded at the rate of exchange at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies at the statement of financial position date are reported at the rates of exchange prevailing at that date. Exchange differences are recognised in the Statement of Financial Activities in the financial year in which they arise.

A defined contribution pension scheme is in operation which, in the main, is non-contributory and is financially separate from the company. The pension costs charged in the financial statements represent the contribution payable by the company during the financial year.

### Pensions

A defined contribution pension scheme is in operation which, in the main, is non-contributory and is financially separate from the company. The pension costs charged in the financial statements represent the contribution payable by the company during the financial year.

### Capital Grants

Capital grants received are shown as deferred income and credited to income by instalments on a basis consistent with the terms of the depreciation policy of the relevant assets.

### Taxation

The company has been granted charitable tax-exempt status by the Revenue Commissioners under CHY number 10568 and therefore no provision for corporation tax is required.

### Funds Accounting

Funds held by the charity are classified as unrestricted and restricted. Unrestricted funds are funds which can be used in accordance with the charitable objects at the discretion of the Directors. Restricted funds are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

### Financial Instruments

Financial assets and financial liabilities are recognised when the company becomes a party to the contractual provisions of the instrument. Financial liabilities are classified according to the substance of the contractual arrangements entered into.

#### (i) Financial assets and liabilities

Basic financial assets and liabilities are initially measured at transaction price (including transaction costs), unless the arrangement constitutes a financing transaction. If an arrangement constitutes a finance transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial assets are initially measured at fair value, which is normally the transaction price. These financial assets are subsequently measured at fair value and the changes in fair value are recognised in the Statement of Financial Activities.

Financial assets are derecognised when and only when a) the contractual rights to the cash flows from the financial asset expire or are settled, b) the company transfers to another party substantially all of the risks and rewards of ownership of the financial asset, or c) the company, despite having retained some significant risks and rewards of ownership, has transferred control of the asset to another party and the other party has the practical ability to sell the asset in its entirety to an unrelated third party and is able to exercise that ability unilaterally and without needing to impose additional restrictions on the transfer.

Financial liabilities are derecognised only when the obligation specified in the contract is discharged, cancelled or expires.

Balances are classified as payable or receivable within one financial year if payment or receipt is due within one financial year or less. If not, they are presented as falling due after more than one financial year. Balances that are classified as payable or receivable within one financial year on initial recognition are measured at the undiscounted amount of the cash or other consideration expected to be paid or received, net of impairment.

#### (ii) Investments

Investments in subsidiaries are measured at cost less impairment.

#### (iii) Bank loans

Bank loans are measured at amortised cost using the effective interest method.

### Reserves Policy

In order to secure the long-term viability of St Francis Hospice Dublin and to maintain the smooth operation of the organisation, it is critical to ensure that the organisation has adequate reserves.



## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

The level of reserves is required to cover the following activities of the organisation:

- Provide funding for the Hospice's activities.
- Meet contractual liabilities such as lease agreements, statutory staff payments and payments to creditors.
- Meet unanticipated expenses such as repairs and maintenance, currency variances and legal costs.
- Cover day to day expenditure of St Francis Hospice Dublin.
- Ensure there is adequate funding should any winding up costs ever arise.
- Provide for any other unanticipated expenditure of significance.

The Board may designate unrestricted reserves for specific future expenditure such as Long-Term Programmes, sinking funds to cover repairs to Fixed Assets (or as required under the terms of any lease relating to premises etc.) and any other potential future requirement(s).

## 2 CRITICAL ACCOUNTING JUDGEMENTS AND KEY SOURCES OF ESTIMATION UNCERTAINTY

In the application of the Hospice's accounting policies, which are described in note 1, the directors are required to make judgements, estimates and assumptions about the carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the financial period in which the estimate is revised if the revision affected in the financial statements is included in the accounting policies and the notes to the financial statements.

### Critical judgements in applying the Company's accounting policies

In the opinion of the directors, there were no critical judgements apart from those involving estimations (which are dealt with separately below), made in the process of applying the company's accounting policies.

### Critical accounting estimates and assumptions

The directors make estimates and assumptions concerning the future in the process of preparing the company's financial statements. The resulting accounting estimates will, by definition, seldom equal the related actual results, the estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next financial year are addressed below.

### Critical accounting estimates and assumptions

#### (i) Useful economic lives of tangible fixed assets

The annual depreciation on tangible fixed assets is sensitive to changes in the estimated useful lives and residual values of the assets. The useful economic lives and residual values

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

are reviewed annually. They are amended when necessary to reflect current estimates, based on economic utilisation, technological advancements and the physical condition of the assets. The amortisation rate for capital grants is also reviewed in conjunction with the asset lives review and these are adjusted if appropriate.

## 3 DONATIONS AND LEGACIES

	Restricted	Unrestricted	2023 Total	2022 Total
	€	€	€	€
Donations	634,605	1,629,690	2,264,295	1,734,571
Legacies	-	894,778	894,778	475,088
	634,605	2,524,468	3,159,073	2,209,659

## 4 OTHER ACTIVITIES

	Restricted	Unrestricted	2023 Total	2022 Total
	€	€	€	€
Lotteries and Raffles	-	495,789	495,789	447,601
Campaigns and Appeals	-	301,997	301,997	304,613
Fundraising Events	16,250	1,902,760	1,919,010	1,613,465
	16,250	2,700,546	2,716,796	2,365,679

## 5 CHARITABLE ACTIVITIES

	Restricted	Unrestricted	2023 Total	2022 Total
	€	€	€	€
Health Service Executive				
- Revenue Grants	17,685,108	-	17,685,108	16,920,176
- Capital Grants	810,411	-	810,411	1,635,805
Other Grants	16,400	-	16,400	
Conferences, seminars and research income	-	-	-	3,520
Child and Family Agency	8,615	-	8,615	8,424
	18,520,534	-	18,520,534	18,567,925

## 6 INVESTMENT INCOME

	Restricted	Unrestricted	2023 Total	2022 Total
	€	€	€	€
Deposit interest	-	-	-	3
	-	3	3	3



## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

### 7 OTHER INCOME

	Restricted	Unrestricted	2023 Total	2022 Total
	€	€	€	€
Other Income	60,302	34,484	-	3
	60,302	34,484	3	3

### 8 EXPENDITURE ON RAISING FUNDS

	Restricted	Unrestricted	2023 Total	2022 Total
	€	€	€	€
Raising donations, legacies, corporate donations and regular giving	-	52,322	52,322	22,089
Fundraising activities - campaigns, appeals and events	14,071	381,935	396,006	363,303
Support costs (Note 10)	35,414	409,195	444,609	416,721
	49,485	843,452	892,937	802,113

### 9 EXPENDITURE ON CHARITABLE ACTIVITIES

	Activities Undertaken Directly	Support Costs (Note 10)	Total 2023	Total 2022
	€	€	€	€
Raheny and Blanchardstown	705,798	4,157,606	4,863,404	3,949,347
Homecare, Raheny Day Care				
In-Patient Unit Raheny	2,503,500	5,239,675	7,743,175	7,256,214
Blanchardstown Day Care and Outpatients	975,979	769,087	1,745,066	1,465,507
In-Patient Unit Blanchardstown	2,339,949	6,225,923	8,565,872	8,229,993
	6,525,226	16,392,291	22,917,517	20,901,061

### 10 ANALYSIS OF SUPPORT COSTS

	Total 2023	Total 2023	Basis of Allocation
	€	€	€
Fundraising activities (Note 8)	444,609	416,721	Fundraising team
Charitable activities:			% time spent on activities
Raheny and Blanchardstown			
Homecare, Raheny Day Care	4,157,606	3,304,139	
In-Patient Unit Raheny	5,239,675	4,967,631	Salary Costs - % time spent on activities
Blanchardstown Day Care and Outpatients	769,087	573,312	
In-Patient Unit Blanchardstown	6,225,923	6,090,921	
Total	16,392,291	14,936,003	

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

### 11 STAFF NUMBERS AND COSTS

	Total 2023	Total 2022
	€	€
The average monthly number of persons employed by the company during the financial year was as set out below:		
Clinical/Nursing	197	189
Other support services	26	23
Administrative and fundraising staff	59	57
	282	269
The aggregate payroll costs of these were as follows:		
Wages and salaries	14,416,588	13,216,083
Social welfare costs	1,573,110	1,441,138
Pension costs	786,152	695,503
	16,775,850	15,352,724
Employee remuneration exceeding €70,000:		2022 Number
€70,000- €80,000	17	11
€80,001- €90,000	4	7
€90,001- €100,000	4	1
€100,001- €110,000	-	-
€110,001- €120,000	-	3
€120,001- €130,000	1	-
€150,001- €160,000	1	-
€190,001 - €200,000	1	1
	28	23

### 12 NET INCOME

	2023	2022
	€	€
The net income for the financial year is arrived at after charging/(crediting):		
Depreciation and amortisation	1,214,701	1,286,811
Directors' remuneration (b)	-	-
Auditors' remuneration (a)	15,490	14,750
(a) Auditors' remuneration disclosures (net of VAT and outlays):		
Audit	14,400	13,750
Tax advisory	-	-
Other assurance services	-	-
Other non-audit services	1,050	1,000
(b) No salaries for fees are payable to the directors of the company for their services as directors.		



## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

### 13 TAXATION

No taxation arises in the current year or prior financial year due to the charitable status of the company.

### 14 INTANGIBLE FIXED ASSETS

	Software Costs	Total
	€	€
<b>Cost:</b>		
At 1 January 2023	175,125	175,125
Additions	200,219	200,219
Disposals	(1,039)	(1,039)
<b>At 31 December 2023</b>	<b>374,305</b>	<b>374,305</b>
<b>Amortisation</b>		
At 1 January 2023	147,685	147,685
Amortisation during the year	26,340	26,340
Amortisation eliminated on disposal	-	-
<b>At 31 December 2023</b>	<b>174,025</b>	<b>174,025</b>
<b>Net book value:</b>		
At 31 December 2023	200,280	200,280
At 31 December 2022	27,439	27,439

### 15 TANGIBLE FIXED ASSETS

	Buildings	Furniture Fixtures & Fittings	IT Equipment	Motor Vehicles	Plant, Machinery & Equipment	Total
	€	€	€	€	€	€
<b>Cost:</b>						
At 1 January 2023	40,761,909	3,715,618	524,774	192,000	2,192,637	47,386,938
Additions	320,682	286,007	49,129	-	316,844	972,662
Disposals	-	(381)	(178,800)	-	(3,740)	(183,001)
<b>At 31 December 2023</b>	<b>41,082,591</b>	<b>4,001,244</b>	<b>395,023</b>	<b>192,000</b>	<b>2,505,740</b>	<b>48,176,598</b>
<b>Accumulated depreciation</b>						
At 1 January 2023	13,580,660	3,282,866	432,857	122,501	1,493,824	18,912,707
Charge for the year	826,908	109,408	55,948	36,714	159,382	1,188,361
Eliminated in respect of disposal	-	(381)	(178,880)	-	(2,721)	(181,982)
<b>At 31 December 2023</b>	<b>14,407,568</b>	<b>3,391,893</b>	<b>309,925</b>	<b>159,215</b>	<b>1,650,485</b>	<b>19,919,086</b>
<b>Net book value:</b>						
At 31 December 2023	26,675,023	609,351	85,098	32,785	855,255	28,257,512
At 31 December 2022	27,181,249	432,751	91,917	69,500	698,814	28,474,231

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

### 16 FINANCIAL FIXED ASSETS

	2023	2022	
	€	€	
Shares in subsidiary undertaking	100	100	
<b>Subsidiary undertaking</b>			
	Registered Principal Office Activity	Country of Incorporation %	Held
S.F.H. Property Service Limited	Raheny, Dublin 5	Ireland	100% Non-trading

The capital and reserves at 31 December 2023 were €100 (2022: €100) and the result for the financial year ended 31 December 2023 was €Nil (2022: €Nil).

### 17 DEBTORS: (AMOUNTS FALLING DUE WITHIN ONE FINANCIAL YEAR)

	2023	2022
	€	€
Trade Debtors	2,030,362	968,888
Prepayments	291,519	458,265
	<b>2,321,881</b>	<b>1,427,153</b>

### 18 CREDITORS: (AMOUNTS FALLING DUE WITHIN ONE FINANCIAL YEAR)

	2023	2022
	€	€
Trade Creditors	859,806	491,318
Taxation and social welfare	452,541	443,516
Other creditors	-	27,200
Accruals	644,635	621,352
	<b>1,956,982</b>	<b>1,583,386</b>
The amounts due in respect of taxation and social welfare is comprised as follows:		
PAYE/PRSI	452,541	443,516



## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

### 19 FINANCIAL INSTRUMENTS

The carrying values of the company's financial assets and liabilities are summarised by category below:

	2023	2022
	€	€
<b>Financial assets</b>		
Investment in subsidiary (Note 15)	100	100
Measured at undiscounted amount receivable		
Debtors (Note 16)	2,321,881	1,427,153
<b>Financial liabilities</b>		
Measured at amortised cost		
Bank loans and other loans (Note 18)	-	-
Measured at undiscounted amount payable		
Trade creditors (Note 17)	859,806	491,318

### 20 CONTINGENT LIABILITIES

Under an agreement between the company and the Health Service Executive, which is dated 1 December 2005, the company has a contingent liability of €60,000 at 31 December 2023 (2022: €90,000) to repay a capital grant received of €600,000 if certain circumstances set out in that agreement occur within 20 years of the date of the agreement. The amount which may be repayable is reduced by an amount equal to 1/20th of the received amount each financial year.

Under a similar agreement the company has a contingent liability of €600,000 on 31 December 2023 (2022: €675,000) to repay a capital grant received of €1,500,000 if certain circumstances occur within 20 years of the date of that agreement. The amount which may be repayable is reduced by an amount equal to 1/20th of the amount received each financial year.

Under a similar agreement the company has a contingent liability of €495,000 on 31 December 2023 (2022: €540,000) to repay a capital grant received of €900,000 if certain circumstances occur within 20 years of the date of that agreement. The amount which may be repayable is reduced by an amount equal to 1/20th of the amount received each financial year.

In December 2023, a capital grant was received from the Health Service for minor capital expenditure items. No contingent liabilities exist on this minor capital expenditure grant at the statement of financial position date.

The government grants are secured over the premises known as "Walmer Villa", Station Road, Raheny, Dublin 5.

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

### 21 FUNDS OF THE CHARITY

	Restricted Funds	Unrestricted Funds	Designated Funds	Total
	€	€	€	€
At beginning of the year	1,665,979	29,825,705	859,564	32,351,248
Net Income (expenditure) for the year	1,071,123	(390,388)	-	680,735
Transfers	(1,510,980)	66,202	144,778	-
At the end of the year	1,226,122	29,501,519	2,304,342	33,031,983

In line with the Board's strategic aim to redevelop St. Francis Hospice Raheny, the Board took the decision to designate all legacy income received during 2023 to the redevelopment fund. Some of the designated funds were drawn down in 2023 for planning and design costs for the redevelopment. In addition, an amount of €550,000 in income was designated to the redevelopment fund in 2023.

### 22 RECONCILIATION OF NET EXPENDITURE TO NET CASH OUTFLOW DURING THE FINANCIAL PERIOD

	2023	2022
	€	€
Net Income	680,735	1,515,940
<b>Adjustment for:</b>		
Interest payable and similar charges	- (3)	15,910
Investment income depreciation	1,214,701	1,286,811
Loss on disposal	1,038	3,681
<b>Movement in working capitals</b>		
Increase in debtors	(894,728)	(813,988)
Increase / (decrease) in creditors	373,596	241,598
<b>Cash flow generated from operations</b>	<b>1,376,218</b>	<b>2,249,949</b>

### 23 ANALYSIS OF CHANGES IN NET DEBT

	1 January 2023	Cash flows	31 December
	€	€	€
Cash at bank in hand	4,005,711	203,481	4,209,192
	4,005,711	203,481	4,209,192

### 24 FINANCIAL RISK MANAGEMENT, OBJECTIVES AND POLICIES

The company's activities expose it to a number of financial risks including credit risk, cash flow risk and liquidity risk. The company does not use derivative financial instruments.



## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

### Cash flow risk

The company's activities expose it primarily to the financial risks of changes in interest rates. Interest bearing assets and liabilities are held at fixed rates to ensure certainty of cash flows.

### Liquidity risk

In order to maintain liquidity to ensure that sufficient funds are available for ongoing operations and future activities, the company uses a mixture of long-term and short-term debt finance.

## 25 PENSIONS

The company operates an externally funded defined contribution scheme that covers substantially all the employees of the company. The assets of the scheme are vested in trustees in accordance with the Trust Deed for the sole benefit of these employees. There were no liabilities in respect of pension contributions outstanding at 31 December 2023.

## 26 FINANCIAL COMMITMENTS

There are no capital commitments which have been contracted for but not provided in the financial statements as at 31 December 2023 (2022: €Nil). There are no contracted future minimum lease payments under non-cancellable operating leases as at 31 December 2023 (2022: €Nil).

## 27 SUBSEQUENT EVENTS

There have been no significant events affecting the company since the statement of financial position date.

## 28 CONSOLIDATED GROUP FINANCIAL STATEMENTS

Consolidated group financial statements have not been prepared, as the company has availed of the exemption under Section 303(2) of the Companies Act 2014 not to prepare consolidated financial statements.

## 29 RELATED PARTY TRANSACTIONS

The total remuneration for key management personnel for the financial year amounted to €1,098,267 (2022: €1,051,905). Remuneration included salaries, employer PRSI and pension contributions.

## 30 APPROVAL OF FINANCIAL STATEMENTS

The directors approved the financial statements on 29 May 2024.











## St. Francis Hospice

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